

Wildflowers Paradise

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate - Catalan Style
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音樂: Wildflowers - Thomas Rhett



L = Left – R = Right – LF = Left foot – RF = Right foot

(1-8) Rock Step Back R, Kick R, Step Fwd R, Kick L, Step Fwd L, Side Touch R, Hook Back R

- 1-2 « Rock Step » : RF back (lift your LF slightly) – recover on LF
- 3-4 « Kick » RF forward, step RF forward
- 5-6 « Kick » LF forward, step LF forward
- 7-8 Touch the tip of RF to R, « Hook » lift RF behind the L leg (at the height of the shin)

Restart : 5th wall (12H)

(9-16) Diagonal Step Back R, Stomp-up L, Diagonal Step Back L, Stomp-up R Side Step R, Travelling Swivels L

- 1-2 RF diagonally back R, « Stomp-up » strike LF to RF (bounce)
- 3-4 LF diagonally back L, « Stomp-up » strike RF to LF (bounce)
- 5-8 RF to R, « Travelling Swivels » : with LF heel – toe - heel towards the RF

(17-24) ¼ turn L with Heel Strut L, ½ turn L with Toe Strut Back R, ½ turn L with Toe Strut Fwd L, Rock Step Fwd R

- 1-2 ¼ turn L and « Heel Strut » : L heel forward – drop L toe 9H
- 3-4 ½ turn L and « Toe Strut » : touch R toe back – drop R heel 3H
- 5-6 ½ turn L and « Toe Strut » : touch L toe forward – drop L heel 9H
- 5-8 « Rock Step » : RF forward – recover on LF

(25-32) ½ turn R with Toe Strut Fwd R, ¼ turn R with Side Step L, Hold, Slow Coaster Step R, Hold

- 1- 2) ½ turn R and « Toe Strut » : touch R toe forward – drop R heel 3H
- 3- 4) ¼ turn R and LF to L, hold 6H
- 5- 8) « Coaster Step » : RF back – LF next to RF – RF forward, hold

(33-40) ½ turn R with Step Back L, Hold, Rock Step Back R, ½ turn L with Step Back R, Hold, Rock Step Back L

- 1-2 ½ turn R and LF back, hold 12H
- 3-4 « Rock Step » : RF back – recover on LF
- 5-6 ½ turn L and RF back, hold 6H
- 7-8 « Rock Step » : LF back – recover on RF

(41-48) Side Step L, Hold, Rock Step Back R, Side Step R, Hold, Rock Step Back L

- 1-2 LF to L, hold
- 3-4 « Rock Step » : RF back – recover on LF
- 5-6 RF to R, hold
- 7-8 « Rock Step » : LF back – recover on RF

(49-56) Step turn ½ L, ½ turn R with Step Back L, Hold, Step-Lock-Step R, Hold

- 1-2 « Step turn ½ » : LF forward – ½ turn R (on RF) 12H
- 3-4 ½ turn R and LF back, hold 6H
- 5-8 « Step-Lock-Step » : RF back – cross LF in front of RF – RF back, hold

(57-64) ½ turn L with Rock Step Fwd L, ½ turn L with Step Fwd L, Hold, ¼ turn L with Kick R, ¼ turn L with Flick L, ¼ turn L with Kick L, ¼ turn L with Flick R

- 1-2 ½ turn L and « Rock Step » : LF forward – recover on RF 12H

- 3-4 ½ turn L and LF forward, hold 6H
- 5 ¼ turn L and « Kick » RF forward 3H
- 6 ¼ turn L on RF and « Flick » lift LF back 12H
- 7 ¼ turn L and « Kick » LF forward 9H
- 8 ¼ turn L on LF and « Flick » lift RF back 6H

TAG (12c) end of 1st and 3rd wall (6H)

Side Step R, Hold, Twice Touch Back L, Side Step L, Hold, Rock Step Back R, Step turn ½ R x2

- 1-4 RF to R, hold, touch L toe behind RF twice
- 5-8 LF to L, hold, « Rock Step » : RF back – recover on LF
- 1-4 « Step turn ½ x2 » : RF forward – ½ turn L (on LF) – RF forward – ½ turn L (on LF)

« All United » PASSION – PLAISIR – PARTAGE <3
