The Addams Halloween



拍數: 32 編數: Phrased Improver

編舞者: Michelle Chen (TW) - October 2024

音樂: The Addams Family Main Theme - Sacre



Introduction: 1 count

Starting RIGHT(RF) at 12:00 direction

Tag: None ReStart: None

Sequence: AABB-AB-AABB-AABB-AA(A)

Main Section A: 8 counts * 2

A1: HEEL-BALL-CROSS, HOLD*2, HEEL-BALL-CROSS, HOLD*2

1&2 (Starting @12:00)Touch RF Diag Fwrd, Ball Step RF beside LF, Step LF Cross Over RF

3 4 Hold for 2 counts(try to make some SCARING body moving)

Touch RF Diag Fwrd, Ball Step RF beside LF, Step LF Cross Over RF

7 8 Hold for 2 counts

*Note:In the first beginning Wall1, pls SKIP the first count(1&), start from the second count(2) with LF Cross Over RF and following

A2: SLIGHTLY LOCK SHUFFLE R-L, STEP FWRD, 1/2TL AND STEP, DONKEY, STEP FWRD

1&2	Step RF Diag slightly Fwrd, Lock-Step LF behind RF, Step RF Diag slightly Fwrd
3&4	Step LF Diag slightly Fwrd, Lock-Step RF behind LF, Step LF Diag slightly Fwrd

5 6 Step RF Fwrd, Make 1/2TL(@06:00) and Step LF Fwrd

7 8 Step RF quickly Together w/ LF high Hitch, Step LF down Fwrd

*Note:For Donkey Step(7), try to make some scaring action.

Main Section B: 8 counts * 2

B1: BACK, CHASSE, BACK R&R, 1/2 MONTEREY TURN

1 Rock RF Bwrd

2&3 Step LF Lsid, Ball Step RF Together, Step LF Lsid

4 5 Rock RF Cross Bwrd, Recover back to LF

6 7 8 Touch RF Rsid, Make1/2TR and Step RF Twisted Over LF, Touch LF Lsid

B2: HOLD, TAP-KICK-TAP-KICK, CAMEL WALK L-R-L

1 Hold (Twist Body right & back)

2 3 4 5 Tap LF beside RF, Kick LF Diag Rsid, Tap LF beside RF, Kick LF Diag Lsid
6 7 8 Step LF Diag Lsid-Fwrd quickly w/RF Tap right beside LF, Same as RL-LF

TAG: None

RS(ReStart): None

ENDing:

When the last Secion(A) music fades out, we will do A1(Starting @06:00) and make 1/2TL facing @12:00. Make a final scary ending pose.

On this Halloween season, based on the properties of the music, pls try to do some scary body actions. You may create your own or follow my DEMO video.

Wish you have a Happy Nice Hallowee.

Notes for abbr.

RF(Right Foot) / LF(Left Foot)

Fwrd(forward) / Bwrd(backword) / Rsid(right side) / Lsid(left side)

Diag (diagonal) TR(RightTurn) / TL(LeftTurn)

Contact:

If there is any question or suggestion, please don't hesitate to contact. Thanks a lot. Hope you like it.

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