

Carolina Karaoke

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rob Williams (USA) - October 2024
音樂: She Had Me At Heads Carolina - Cole Swindell



INTRO: 16 counts (approx. 12 seconds)

There are no tags or restarts.

Sec 1: R LINDY STEP, L LINDY STEP

1&2 Step R to R, Step-close L beside R, Step R to R
3-4 Rock back onto L, Recover fwd onto R
5&6 Step L to L, Step-close R beside L, Step L to L
7-8 Rock back onto R, Recover fwd onto L

Sec 2: TOE STRUTS FWD X 2, ¼ MONTEREY R

1-2 Touch R toe fwd, Drop R heel as you put weight onto R foot
3-4 Touch L toe fwd, Drop L heel as you put weight onto L foot
5-6 Point right to right side, ¼ right stepping right next to left [3:00]
7-8 Point left to left side, Step left next to right

Sec 3: FWD DIAGONAL, TOGETHER, HEEL SWIVELS, BACK DIAGONAL, TOGETHER, HEEL SWIVELS

1-2 Step R fwd to R diagonal, Touch L next to R
3-4 Raise onto balls of feet while swiveling both heels to Left, Lower heels taking weight onto R
5-6 Step L back to L diagonal, Touch R next to L
7-8 Raise onto balls of feet while swiveling both heels to Right, Lower heels taking weight onto L

Sec 4: LOCK STEP, BRUSH, ROCK FWD, RECOVER, ½ L PIVOT, TAP

1-4 (On a slight angle to the R corner) Step R fwd, Step L behind R, Step R fwd, Brush L fwd
5-6 Rock fwd onto L, Recover back on R
7-8 Pivot 1/2 left on R foot [9:00] shifting weight to L, Tap R next to L

[REPEAT SECTIONS 1-4]

Have fun!
