Boots Need Knockin

級數: Improver - Contra



拍數: 32

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牆數:2

音樂: Knockin' Boots - Luke Bryan

Circle/Mixer (1 Wall)- 2 circles even numbers, leave room to vine front of your partner and cross the opposite facing circle, but close enough to tap feet with partner

- Inside circle face FLOD (counterclockwise)

-- Outside Circle face BLOD (clockwise)

Section 1 - (Counts 1-8) Grapevine Right, Rolling Grapevine Left (Can be done without turning)

1,2,3,4Step R out to R side (1), Step L Behind R (2), Step R out to R side (3), Touch L next to R (4)5,6,7,8¼ Turn L while Step L out to Front (5), ¼ Turn L while Step R out R side (6), ½ Turn L while

Step L out to L side (7), Touch R next to L (8)

• Option: Make it easier by doing a regular grapevine to the left

Section 2- (Counts 9-16) Step Knock, Step Slap, Shuffle forward, Pivot 1/2 Turn

- 1,2,3, 4 R step forward (1), L foot tap "knock" boots in front and across body with partner (2), L Step in Place (3), Slap R boot behind L (4)
- 5&6,7,8 R step forward (5), L step forward (&), R step forward (6), Step L forward (7), Pivot ½ turn R (8)

• Counts 7/8 can be done as forward rock recover instead of pivot turn, but then Section 3 counts 1-4 (17-20) becomes L Shuffle Backward, Back-Rock R , Recover L

Section 3 (Counts 17-24) Shuffle forward, Pivot ½ Turn, Step Knock, Step Slap

1&2,3,4 L step forward(1), R step forward(&), L step forward (2), Step R forward (3), pivot ½ turn L (4)
5,6,7,8 R step forward (5), L foot tap "knock" boots in front and across body with partner (6,) L Step in Place (7), Slap R boot behind L (8)

Section 4 (Counts 25-32) ½ Turn L, Hitch, ½ Turn L, Hitch, Walk, Walk, Knock, Knock

1,2,3,4 Step forward R ¹/₂ Turn L , Hitch L Knee, Step back L ¹/₂ Turn L, Hitch Right Knee

5,6,7,8 Step R forward, Step L forward, Put weight on toes and click heels together on count

• Counts 1,2,3,4 can be done without turning, 1 and 3 would just me forward steps.

After section 4 -

Circle/Mixer - Should be ready to start vines with a new partner (should only move 1 position) Contra- Start facing the second wall with the same partner.

OPTIONAL- Section 4 Variation (done on Chorus when lyrics "Under that pale moon") Variation : Rotating Box Step with Hitches

(1) R Step Forward ¼ Turn L, (2) Hitch L (9:00), (3) Step L to L Side ¼ L (6:00), (4) Hitch R/Tap Partner Boot,

(5) R Step Forward ¼ L (3:00), (6) Hitch L, (7) Step L ¼ L (12:00), (8) Hitch R and Tap Partner Boot