

Bloody Mary

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Aline Morel (FR) - October 2024
音樂: Bloody Mary (Born this way - International special edition version) - Lady Gaga
或: bloody mary (lady gaga) (sped up version) - sped up viral



- 2 restarts

Intro : 32 counts

[1-8] STEP R, TOUCH SIDE, STEP L, TOUCH SIDE, STEP R, TOUCH SIDE, STEP L, TOUCH SIDE

- 1-2 STEP RF forward bending your knees (1) – LF TOUCH to left side while CLICK your fingers down and straighten your legs (2)
3-4 STEP LF forward bending your knees (3) – RF TOUCH to right side while CLICK your fingers down and straighten your legs (4)
5-6 STEP RF forward bending your knees (5) – LF TOUCH to left side while CLICK your fingers down and straighten your legs (6)
7-8 STEP LF forward bending your knees (7) – RF TOUCH to right side while CLICK your fingers down and straighten your legs (8)

[9-16] TOUCH FWD, TOUCH SIDE, TOUCH FWD, TOUCH, SIDE/Drag, TOGETHER

- 1-2 RF TOUCH forward (1) – RF TOUCH to right side (2)
3-4 RF TOUCH forward (3) – TOUCH RF next to LF (4)
5-6-7 Long STEP RF to right side (5), Dragging LF to meet RF while raising the arms in opposite diagonals
(right arm up, left arm down) with the elbows bent and the wrist released, bust tilted to the left (6-7)
8 LF TOGETHER next to RF (8)

[17-24] CROSS TOUCH, STEP SIDE R, CROSS TOUCH, STEP SIDE L, CROSS TOUCH, STEP SIDE R, CROSS TOUCH, STEP SIDE L

- 1-2 RF TOUCH crossing in front of LF while releasing the wrist to the right, with your elbows bent toward you (1) – STEP RF to right side (2)
3-4 LF TOUCH crossing in front of LR while releasing the wrist to the left, with your elbows bent toward you (3) – STEP LF to left side (4)
5-6 RF TOUCH crossing in front of LF while releasing the wrist to the right, with your elbows bent toward you (5) – STEP RF to right side (6)
7-8 LF TOUCH crossing in front of LR while releasing the wrist to the left, with your elbows bent toward you (7) – STEP LF to left side (8)

[25-32] STEP 1/4 TURN X2 w/HIP ROLL, STEP 1/8 TURN X2 w/HIP ROLL

- 1-2 STEP RF forward (1) - 1/4 turn to the left while rolling the hips counterclockwise [9 :00] (2)
3-4 STEP RF forward (3), 1/4 turn to the left while rolling the hips counterclockwise [6 :00] (4)
5-6 STEP RF forward (5), 1/8 turn to the left while rolling the hips counterclockwise [4 :30] (6)
7-8 STEP RF forward (7), 1/8 turn to the left while rolling the hips counterclockwise [3 :00] (8)

Styling : during HIP ROLL : STEP RF forward : arm right is bent above the head, arm left is bent at belly, palms facing outward. HIP ROLL 1/4-1/8 turn to the left while rolling the hips : both hands move in internal rotation toward you (1-8)

Restarts : Start wall 4 facing 9:00 and walls 7 facing 6 :00. Restart after count 16 counts.