

Fired Up Ready To Go

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Ivonne Verhagen (NL) - October 2024
音樂: Fired Up Ready To Go - Reckless Kelly



Intro: 64 counts (approx. 23 sec)

S1 TWIST OUT&OUT, TAP 2X LEFT HEEL, DIAGONAL FORWARD, TOUCH & CLAP DIAGONAL BACK, TOUCH & CLAP

- 1-4 Twist right heel out, twist right toe out (put weight on RF), Tap left heel, tap left heel (lean body a bit to the right)
5-8 LF step diagonal forward, RF touch to LF (& Clap), RF step diagonal back, LF touch to RF (& Clap) (12h)

S2 DIAGONAL LOCK STEP, BRUSH, ROCKING CHAIR

- 1-4 LF step diagonal forward, Lock RF behind LF, LF step diagonal forward, RF brush forward
5-8 RF rock forward, recover on LF, RF rock back, recover on LF (12h)

S3 ¼ L & STEP SIDE, TOUCH, ¼ L & STEP FORWARD, TOUCH, ¼ L & STEP SIDE, TOUCH, STEP SIDE SCUFF

- 1-4 ¼ left & Step RF side (9h), LF touch to RF (clap), ¼ left & LF Step forward (6h), RF touch to LF (clap)
5-8 ¼ left & Step RF side (3h), LF touch to RF (clap), LF step side, RF scuff forward

S4 ROCKING CHAIR, TURN ¼ L, CROSS, SIDE

- 1-4 RF rock forward, recover on LF, RF rock back, recover on LF
5-8 RF step forward, ¼ turn left (12h), RF cross over LF, LF step side

*** Restart in wall 5

S5 HOLD, STEP OUT, STEP OUT, HOLD, 2X HIP ROLL

- 1-4 Hold, RF step out, LF step out, Hold
5-8 Roll hips 2x anti clockwise

S6 HOLD, ¼ TURN L & STEP OUT, STEP OUT, HOLD, 2X HAND MOVEMENT

- 1-4 Hold, ¼ turn left & RF step out, LF step out, Hold (9h)
5-8 Make a lasso move with your arms

S7 HOLD, ¼ TURN L & STEP OUT, STEP OUT, HOLD, PLAY GUITAR

- 1-4 Hold, ¼ turn left & RF step out, LF step out, Hold (6h)
5-8 Play the guitar

S8 (R)SIDE, TOGETHER SIDE, KICK LF, (L)SIDE, TOGETHER SIDE, STOMP UP

- 1-4 RF step right side, LF close to RF, RF step right side, LF kick diagonal to left
5-8 LF step left side, RF close to LF, LF step left side, RF stomp

(# 8: Replace Stomp into RF kick diagonal when you repeat this section after wall 1&3)

**Repeat section 8 after wall 1 & 3

NOTE:

** Repeat section 8 after wall 1 (6h) & after wall 3 (6h)

*** Restart the dance (to dance the last wall before ending) (12h)

Ending: ¼ turn left (12h)

Contact:

Ivonne Verhagen - Ivonne.verhagen70@gmail.com

