Let's Get Loud Cha-Cha



拍數: 32 牆數: 4 級數: Improver

編舞者: May Cho (KOR) - October 2024 音樂: Let's Get Loud - Jennifer Lopez



Intro: 32 Counts

Restart: After 16 Counts on wall 5 (Facing 12:00)

Sec1. FWD w/SIDE POINT, HOLD, SAILOR, BACK, RECOVER, FWD LOCK SHUFFLE.

1-2 FWD rock RF with Side point LF, Hold.

3&4 Behind LF, RF Side, LF Side.5-6 Back rock RF, Recover on LF.

7&8 FWD rock RF, Lock behind LF, FWD step RF.

Sec2. FWD ROCK, PIVOT ½ TURN, ½ TURN SHUFFLE BACK, BACK, RECOVER, CHASSE.

1-2 FWD rock LF, ½ R Turn Recover RF.

3&4 ½ R Turn Back rock LF. Cross RF, Back rock LF.

5-6 Back rock RF, Recover on LF.

7&8 Side rock RF, Together LF, Side RF to Right. Restart here and change steps on counts 7, 8 (Side, Together)

Sec3. CROSS ¼ R TURN, RECOVER, CHASSE ½ L TURN, CUBAN BREAK.

3&4
¼ L Turn Side LF, Together RF, ¼ L Turn FWD rock LF.
5&6&
Cross rock RF, Recover on LF, Side rock RF, Recover on LF.

7&8 Cross rock RF, Recover on LF, Side rock RF.

Sec4. CROSS, RECOVER, SIDE, SIDE TOUCH, HIP ROLL, HIP PUSH, WALK, WALK.

1-2 Cross rock LF, Recover on RF.

3-4 Side rock LF to Left, Side toe touch RF to Right.

5-6 Hip roll (CW), Push back Hip

7-8 Walk RF, Walk LF.

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