

Dhindora

拍數: 32 牆數: 4 級數: Improver
編舞者: Asbare Bare (INA) - October 2024
音樂: Dhindora Baje Re by Pitram, Darshan Raval, Bhoomi Trivedi, Amitabh
Bhattacharya



Intro: 48 counts

S1 Side touch, 2 chest pops, Back, Cross, Side, Cross, Side, Cross, Side

1 L touch to side (1)

Styling: raise R arm to R diagonal upward, palm face inward, middle finger touching thumb, face turn towards R hand, lower L arm to L diagonal downward, palm face upward, middle finger touching thumb

2 Hold (2)

&3&4 Chest pop in, out, in, out (&3&4)

5& Step L back (5), R cross over L (&)

6& L take small step to side (6), R cross over L (&)

7& L take small step to side (7), R cross over L (&)

8 L step to side (8)

Styling: on Count 5-8, place L arm across lower front, R arm to side, palms up, close fingers except thumbs on whole counts, open fingers on every & count

S2 Heel, Toe, Shuffle, Heel, Toe, Shuffle

1-2 Touch R heel to R diagonal fwd (1), Touch R toes next to L (2)

3&4 R step to R diagonal fwd (3), L close next to R (&), R step diagonal fwd (4)

5-6 Touch L heel to L diagonal fwd (5), Touch L toes next to R (6)

7&8 L step to L diagonal fwd (7), R close next to L (&), L step diagonal fwd (8)

S3 Run around 3/4 R, Side, Hip rock L-R-L-L

1& R take small step fwd (1), L close next to R (&)

Starting the 3/4 R turn @9:00

2&3& Repeat after 1&, continuing the 3/4 R turn

4 R step fwd, completing the 3/4 R turn (4)

5-6 L step to side, hip L (5), Hip R (6)

7&8 Hip L (7), Release hip (&), Hip L (8)

S4 Jazz box, Heel, Close, Heel, Close, Fwd, Hip bump

1-2 R cross over L (1), L step back (2)

3-4 R step to side (3), L step fwd (4)

5& R heel dig fwd (5), R close next to L (&)

6& L heel dig fwd (6), L close next to R (&)

7& R step fwd on ball (7), R hip bump fwd (&)

8& Release hip (8), Step R in place (&)