

Me Before You

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Rhoda Lai (CAN) & Jamie Marshall (USA) - September 2024
音樂: Me Before You - Kaylee Rose



#16 Count Intro (Sequence: Intro, 48, 40, 32, 48, 16, 48)

OUT, OUT, BACK, COASTER, ROCK, RECOVER, ½ TRIPLE

1&2 Step L heel diagonally forward L (1), Step R heel diagonally forward R (&), Step L back (2)
3&4 Step R back (3), Step L next to R (&), Step R forward (4)
5,6 Rock L forward (5), Recover onto R (6)
7&8 Turn ¼ L, stepping L to L (7), Step R next to L (&), Turn ¼ L, stepping L forward (8) (6:00)

VAUDEVILLE, STEP, CROSS, SIDE, TOGETHER, HEEL TWISTS, HITCH

1&2 Cross R over L (1), Step L back diagonally L (&), Tap R heel diagonally forward R (2)
&3&4 Step R back to center (&), Cross L over R (3), Step R to R (&), Step L next to R (4)
5,6 Twist heels to L (5), Twist heels to R (6)
7&8 Twist heels to L (7), Twist heels to R (&), Twist heels to L, hitching R* (8) (7:30)

***Restart here for Wall 5 with modifications, Twist heels to L (8), Twist heels to R (&) (6:00)**

SAILOR, ¼ SAILOR, BALL STEP, SCUFF, HITCH, RUN BACK

1&2 Cross R behind L (1), Step L to L (&), Step R to R (2)
3&4 Cross L behind R (3), Turn ¼ L, stepping R to R (&), Step L to L (4) (3:00)
&5&6 Step R next to L (&), Step L forward (5), scuff R (&), hitching R (6)
7&8 Step R back (7), Step L back (&), Step R back (8) (3:00)

TOUCH BACK, ¼ TURN L, CROSS, SIDE ROCK, CROSS, SIDE ROCK, BOOGIE WALK

1,2 Touch L back (1), Turn ¼ L, taking weight on L (2) (12:00)
3&4 Cross R over L (3), Rock L to L (&), Recover onto R (4)
5&6 Cross L over R (5), Rock R to R (&), Recover onto L (6)
7&8 Boogie Walk R (7), L (&), R (8) (12:00)

***Restart here on Wall 3 (6:00)**

CURVING ½ TRIPLE, R TRIPLE, ROCK, RECOVER, TURN ¼ R, TURN ¼ R

1&2 Turning slightly L, step L forward (1), Step R next to L (&), Complete ½ L, Step L forward (2) (6:00)
3&4 Step R to R (3), Step L next to R (&), Step R to R (4) (6:00)
5,6 Rock L back (5), Recover onto R (6)
7,8 Turn ¼ R, stepping L back (7), Turn ¼ R, stepping R to R (8) (12:00)

***Restart here on Wall 2 (6:00)**

TAP, BUMP, TURN ½ R, TAP, BUMP, OUT, OUT, TOES, HEELS, TOES

1,2 Tap L toe forward, with hip bump (1), Step down on L, taking weight (2)
3,4 Turn ½ R, tapping R toe forward, with hip bump (3), Step down on R, taking weight (4) (6:00)
5,6 Step L to L (5), Step R to R (6)
7&8 Swivel toes inward (7), Swivel heels inward (&), Swivel toes to center (feet together) (8) (6:00)