

In My Atmosphere

COPPER **KNOB**
BY EPOCHS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gudrun Schneider (DE) - October 2024
音樂: In My Atmosphere - Raphael Lake, Eric Brooks & Camden Rose



The dance starts after 32 counts

S1: SIDE R, CLOSE, SHUFFLE FWD R, ROCK L, SHUFFLE ½ TURNING L

1-2 RF step right, LF step beside RF
3&4 RF step forward, LF step beside RF, RF step forward
5-6 LF rock forward, recover on RF
7&8 ¼ turn left – LF step forward, RF step beside LF, ¼ turn left – LF step forward (6:00)

S2: CROSS SAMBA R, CROSS SHUFFLE L, POINT R, ½ TURN R, CLOSE, ROCK SIDE L & CROSS

1&2 RF cross over LF, LF rock left, recover on RF
3&4 LF cross over RF, RF step right, LF cross over RF
5-6 RF Point right, ½ turn right on Place, RF step beside LF (12:00)
7&8 LF step left, recover on RF, LF cross over RF

S3: SWAY R+L, BEHIND SIDE CROSS, ROCK SIDE L, SAILOR STEP ¼ TURN L

1-2 Hips right, hips left
3&4 RF behind LF, LF step left, RF cross over LF
5-6 LF rock left, recover on RF
7&8 ¼ turn left - LF step behind, RF step right, LF step forward (9:00)

S4: ROCK FWD R, OUT-OUT, BACK, COASTER STEP, STEP R, ½ TURN L

1-2 RF rock forward, recover on LF
&3-4 RF step diagonally back, LF step left, RF step back
5&6 LF step back, RF step beside LF, LF step forward
7-8 RF step forward, ½ turn left (weight on LF) (3:00)

TAG after 8th Round

MONTEREY ½ TURN R

1-2 RF point right, ½ turn right on place – RF step beside LF
3-4 LF point left, LF step beside RF

Have Fun!

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