

Black and White Dresses

拍數: 36 牆數: 2 級數: Improver
編舞者: Sebastiaan Holtland (NL) - October 2024
音樂: Wedding or a Funeral - Danielle Bradbery : (iTunes)



One easy tag of 4 counts in wall 1 after 36 counts, after start again.

Intro: Quick 16 counts, start approx 07 sec.

S1: [1-8] R Side, L Behind, R Side, L Cross Rock, L Side, R Cross Sailor ¼ R, L Step Lock Step.

1,2& RF step right (1), LF step behind RF (2), RF step right (&).
3,4& LF cross rock (3), RF recover (4), LF step left (&).
5&6 RF step across LF (5), LF step back ¼ right (3.00) (&), RF step right (6).
7&8 LF step fwd (7), RF lock behind LF (&), LF step fwd (8).

S2: [9-16] R Side, L Behind, R Side, L Cross Rock, L Side, R Cross Sailor ¼ R, R Together, Step Lock Step.

1,2& RF step right (1), LF step behind RF (2), RF step right (&).
3,4& LF cross rock (3), RF recover (4), LF step left (&).
5&6 RF step across LF (5), LF step back ¼ right (6.00) (&), RF step right (6).
7&8 LF step fwd (7), RF lock behind LF (&), LF step fwd (8).

S3: [17-24] R Syncopated Side Rock, R Together, L Step ¼ Left, R Hitch, R Touch Fwd, R Heel Swivel Fwd, R Kick & Touch L, Heel Swivels.

1,2& RF side rock (1), LF recover (2), RF step beside LF (&).
3,4 LF step fwd ¼ left (3.00) and hitch R knee up (3), RF replace and touch slightly fwd holding weight onto LF (4).
5& RF swivel heel fwd (5), RF swivel heel centre holding weight onto LF (&).
6& RF kick fwd (6), RF step back in place (&).
7&8 LF step slightly fwd (7), Swivel both heels fwd (&), Swivel both heels centre ending weight onto Rf (8).

S4: [25-32] L Coaster Step, R Small Step Fwd, R Knee Lift, R Syncopated Cross Sailor ¼ R, L Syncopated Cross Sailor ¼ L.

1&2 LF step back (1), RF step beside LF (&), LF step fwd (2).
3,4 RF step slightly fwd (3), LF step beside and lift R knee up (4).
5&6 RF step across LF (5), LF step back ¼ right (6.00) (&), RF step right (6).
7&8 LF step across RF (7), RF step back ¼ left (3.00) (&), LF step right (8).

S5: [33-36] R Cross Jazz Box ¼ Right.

1,2 RF step across LF (1), LF step back ¼ right (6.00) (2).
3,4 RF step right (3), LF step fwd (4).

(NB: Tag here ending wall 1 after 36 counts, after start again).

TAG:

[1-4] R Side, Shoulder Lifts R, L, R Knee Lift.

1 RF step right (1).
2&3 4 Lift R shoulder up (2), L Lift shoulder up (&), Lift R shoulder up (3). R Shoulder centre and lift R knee up (4).

REPEAT AND HAVE FUN!!