

I Do It Solo

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Julia Radtke (DE) - October 2024
音樂: Solo (feat. Demi Lovato) - Clean Bandit



Intro: 16 Counts - No Tags, No Restart

[1-8] Dorothy Step right, Dorothy Step left, Rock Step, ¼ Triple Turn

1-2& RF Step diag. right forward – LF cross behind RF – RF Step diag. right forward
3-4& LF Step diag. left forward – RF cross behind LF – LF Step diag. left forward
5-6 RF Step forward – Recover on LF
7&8 ¼ Turn right, RF Step side – LF close next to RF – RF Step side

[9-16] Cross, Side, ¼ Sailor Turn, Cross, Side, Sailor Step

1-2 LF cross in front of RF – RF Step Side
3&4 LF cross behind RF - ¼ Turn left, RF Step side – LF Step side
5-6 RF cross in front of LF – LF Step Side
7&8 RF cross behind LF – LF Step Side – RF Step Side

[17-24] Rock Step, Coaster Step, Triple Step, Step ¼ Turn

1-2 LF Step forward – Recover on RF
3&4 LF Step back – RF close next to LF – LF Step forward
5&6 RF Step forward – LF close next to RF – RF Step forward
7-8 LF Step forward – ¼ Turn right, weight on RF

[25-32] Cross, Hold, Cross, Hold, Monterey Turn

1-2 LF Cross in front of RF – Hold
& RF close next to LF
3-4 LF Cross in front of RF – Hold
5-8 RF Point side – ½ Turn right, Weight RF – LF Point Side – LF close next to RF

Start dance again
