

# Leggin

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Benjamin Wright (USA) - October 2024  
音樂: Beggin' - Madcon



Intro: after slow intro start on beat at end of bass riff (close to 32 counts)

\*1st Restart after 16 counts of dance

## [1-8] Stomp Right, Kick Right, Right Coaster Step, Shuffle Forward Left, Shuffle Forward Right

- 1, 2 - (1) RF stomp next to LF, (2) kick RF forward  
3&4 - (3) Step RF back, (&) close LF next to RF, (4) Step RF forward  
5&6 - (5) Step LF forward, (&) Close RF next to LF, (6) Step LF forward  
7&8 - (7) Step LF forward, (&) Close RF next to LF, (8) Step LF forward

## [9-16] Rock Forward Left, Recover w/ 1/2 L, Shuffle Forward Left, Step Right, Behind Side Cross, Press Right Recover w/ Stomp

- 1, 2 - (1) Step LF forward with rocking motion, (2) rock back on RF starting 1/2 L turn  
3&4 - (3) Completing 1/2 L turn (6:00) Step LF forward, (&) Close RF next to LF, (4) Step LF forward  
&5&6 - (&) Step RF to R, (5) Step LF behind RF, (&) Step RF to R, (6) Cross LF over RF  
7, 8 - (7) Press RF to R, (8) Recover weight on LF with Stomp

## [17-24] Cross Heel Grind to Left, Sailor Step Right, Sailor Step Left, Hip Bump Right, Hip Bump Left

- 1, 2 - (1) RF heel touch cross over LF, (2) RF heel grind in place as LF steps L  
3&4 - (3) Step RF behind LF, (&) Step LF to L, (4) Step RF to R  
5&6 - (5) Step LF behind RF, (&) Step RF to R, (6) Step LF to L  
7, 8 - (7) Step RF to R while bumping R Hip, (8) Step LF to L while bumping L Hip

## [25-32] Step Pivot 1/2, Step Pivot 1/2, 1/4 R Turn Jazz-box

- 1, 2 - (1) Step RF forward, (2) Pivot 1/2 L (12:00)  
3, 4 - (3) Step RF forward, (4) Pivot 1/2 L (6:00)  
5, 6 - (5) Cross RF over L, (6) Step LF back 1/4 over R shoulder (9:00)  
7, 8 - (7) Step RF to diagonally to R, (8) Step LF next to RF

\*\*2nd Restart: on wall 9 restart after 16 counts of dance

\*\*\*tip: wall 8 starts the second rap verse, during wall 9 that rap verse concludes 16 counts in which signals the restart

\*\*\*3rd Restart: on wall 12 restart after 24 counts of dance

\*\*\*tip: wall 12 is completely instrumental, during counts 20-24 the music plays a very high rhythmic sound that sounds like "ting ting ting ting" which will signal the restart to be on count with the chorus

\*\*\*tip: the very end of the song ends with 5 deep base notes, the counts for those notes are 1,2 (skip 3), & 4, 5, so if you stomp to this beat, it really ties the whole dance together

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