

Rain And Tears

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Maria Tao (USA) - October 2024
音樂: Rain and Tears - Demis Roussos : (CD: The Phenomenon)



Intro: 32 counts

Note: No Tags; No Restarts

[S1] SIDE, BACK ROCK, RECOVER, SIDE, BACK ROCK, RECOVER, 1/2 TURN R, STEP/SWAY (R&L), BEHIND, SIDE, CROSS ROCK

1 Step L to L
2&3 Rock R back, recover onto L, step R to R
4&5 Rock L back, recover onto R, 1/2 turn R stepping L back [6:00]
6-7 Step/sway R to R, step/sway L to L
8&1 Step R behind L, step L to L, cross rock R over L

[S2] RECOVER, SIDE, CROSS ROCK, RECOVER, 1/4 TURN R BACK, BACK ROCK, RECOVER, 1/2 TURN L, 1/4 TURN L, STEP FWD, BACK LOCK STEP

2&3 Recover onto L, step R to R, cross rock L over R
4&5& Recover onto R, 1/4 turn R stepping L back, rock R back, recover onto L
6&7 1/2 turn L stepping R back, 1/4 turn L stepping L to L, step R forward [12:00]
8&1 Step L back, step R across L, step L back

[S3] 1/4 TURN R SAILOR STEP, ON THE SPOT FULL TURN L, CROSS PRESS, RECOVER, 1/2 TURN R SAILOR STEP

2&3 1/4 turn R crossing step R behind L, step L to L (slightly back), step R forward while lifting L heel [3:00]
4&5 1/2 turn L stepping L down in place, 1/2 turn L stepping R beside L, step L forward
6-7 Cross Press R over L, recover onto L
8&1 1/2 turn R crossing step R behind L, step L to L, step R forward while lifting L heel [9:00]

[S4] 1/2 TURN L STEP DOWN, FWD COASTER STEP, WEAVE 1/4 TURN R, POINT, TOUCH

2&3 1/2 turn L stepping L down in place, step R beside L, step L back [3:00]
4&5& Cross step R behind L, step ball of L to L, 1/8 turn R crossing step R over L, step ball of L to L
6&7 1/8 turn R cross step R behind L, step L to L, cross step R over L
8& Point L to L, touch L next to R [6:00]

START AGAIN!