

# Rock Bottom

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gudrun Bachner (AUT) - June 2024  
音樂: Rock Bottom Blues - Kid Rock



Intro: 32 Counts - Tags: 0 Restarts: 2

## [S1] Step, Touch + Snap – 4x

1-2            Step RF diagonally right forward, touch LF beside RF and snap  
3-4            Step LF diagonally left forward, touch RF beside LF and snap  
5-8            Repeat 1 to 4

## [S2] Back, Kick + Clap – 4x

1-2            Step RF back, kick LF forward and clap  
3-4            Step LF back, kick RF forward and clap  
5-8            Repeat 1 to 4

RESTART: in wall 4 (9:00h) and wall 8 (6:00h)

## [S3] Side, Flick, Side, Touch, V-Step

1-2            Step RF to the right, flick LF behind left leg (or for absolute beginners: touch LF beside RF),  
optional: clap on both hips  
3-4            Step LF to the left, touch RF beside RF and snap or clap  
5-6            Step RF diagonally forward, step LF to the left  
7-8            Step RF back to the middle, close LF beside RF

## [S4] Heel Switches – 2x, ¼ turn R, Heel Switchrs - 2x

1-2            Touch right heel diagonally right forward, RF close beside LF  
3-4            Touch left heel diagonally left forward, LF close beside RF  
5-6            Turn ¼ right, touch right heel diagonally right forward, RF close beside LF = 3:00 h  
7-8            Touch left heel diagonally left forward, LF close beside RF

Last Update: 16 Oct 2024