

# This Is Me

拍數: 32      牆數: 4      級數: Improver  
編舞者: Charlotte Steele (SA) - October 2024  
音樂: This Is Me New Song 2024 - Peaceful Melodies



**Intro: 8 counts. Start on vocals.**

**Sec.1 R Side-Behind. R Heel-Ball-Cross. R Side Rock-Recover. Cross Shuffle R-L-R.**

1,2            Step R to right side, cross step L behind R  
3&4           Touch R heel forward slightly to right diagonal, step back on ball of R, cross L over R  
5,6            Rock/step R to right side, recover onto L  
7&8            Cross step R over L, small step L to left side, cross step R over L (12:00)

**Sec.2 L Side-Behind. L Heel-Ball-Cross. L Side Rock-Recover 1/4 Turn Right. Shuffle Forward L-R-L.**

1,2            Step L to left side, cross step R behind L  
3&4            Touch L heel forward slightly to left diagonal, step back on ball of L, cross R over L  
5,6            Rock/step L to left side, turn 1/4 right and step forward on R (3:00)  
7&8            Step forward on L, step R next to L, step L forward

**Sec.3 Walk Forward R-L. R Kick-Ball-Step. R Forward-Pivot 1/4 Left. R Forward-Pivot 1/4 Left.**

1,2            Step forward on R, step forward on L  
3&4            Kick R forward, step down on ball of R, step L forward  
5,6            Step R forward, pivot 1/4 turn left (weight onto L) (12:00)  
7,8            Step R forward, pivot 1/4 turn left (weight onto L) (9:00)

**Sec.4 R Forward Rock-Recover. Shuffle 1/2 Right. L Forward Rock-Recover. L Sailor Step.**

1,2            Rock/step forward on R, recover back onto L  
3&4            Turn 1/4 right (12:00) stepping R to side, step L next to R, turn 1/4 right (3:00) stepping R forward  
5,6            Rock/step forward on L, recover back onto R  
7&8            Sweep/cross step L behind R, step R to right side, step L to left side (weight onto L) (3:00)

**Start Again**

**ONE EASY TAG: 8 counts at the end of wall 2:**

**R Rocking Chair. Sway R-L-R-L.**

1-4            Rock R forward, recover back onto L, rock R back, recover forward onto L  
5-8            Sway to right side, left side, right side, left side (weight ends on L)

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