

# California Cowgirls

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Phrased Improver  
編舞者: Tammy Velasquez (USA) - October 2024  
音樂: Cowgirls (feat. ERNEST) - Morgan Wallen



#16 count intro - approx. 0:12 into music.

Sequence: AABBC AABBC ABBBB

## Part A (16 counts)

### [1-8] Mambo right, Mambo left, Mambo forward, Mambo back

1&2            (1) Rock right, (&) recover on left (2) Step right next to left  
3&4            (3) Rock left (&) recover on right (4) Step left next to right  
5&6            (5) Rock forward on right (&) Recover on left (6) Step right next to left  
7&8            (7) Rock back on left (&) Recover on right (8) Step left next to right

### [9-16] Shuffle right, Shuffle left, Pivot chase ½ over left shoulder, Reverse triple full turn over right shoulder (easier option: shuffle forward left)

1&2            (1) Step right foot forward (&) Step left up to right foot (2) Step right foot forward  
3&4            (3) Step left foot forward (&) Step right up to left foot (4) Step left foot forward  
5&6            (5) Step right foot forward (&) Pivot ½ over left shoulder (6) Step right foot forward (prep to  
reverse full turn right)  
7&8            (7) Make ½ turn right stepping back on left (&) ½ turn right stepping forward on right (8) Step  
left next to right

(Take weight on left foot) - Easy option: Shuffle left forward

## Part B (16 counts)

### [1-8] Step touch to the right, Step touch to the left, Step together Step together right, Mirror to the left

1&2&            Step right to right side, touch left next to right, step left to left side, touch right next to left  
3&4&            Step right to right side, step left next to right, step right to right side, touch left next to right  
5&6&            Step left to left side, touch right next to L, step right to right side, touch left next to right  
7&8&            Step left to left side, step right next to left, step L to left side, touch right next to left

### [9-16] Rock right fwd, Rock left fwd, Paddle 4 times ½ turn over left shoulder

1-2&            (1) Rock right forward (2) Recover on left (&) Step right to right side  
3-4&            (3) Rock left forward (4) Recover on right (&) Step left to left side  
5&6&7&8        Touch right foot to right, Turn 1/8 left, Touch right foot to right, Turn 1/8 left, repeat 2 more  
time to make ½ turn

## Part C (16 counts)

### [1-8] Walk right, Walk left, Pivot ½ left, Repeat

1-2            (1) Step right, (2) Step left  
3-4            (3) Step right (4) Pivot ½ over left shoulder  
5-6            (5) Step right, (6) Step left  
7-8            (7) Step right (8) Pivot ½ over left shoulder

### [9-16] Shuffle right, Shuffle left, Sailor right in place, Sailor Left ¼ turn left

1&2            (1) Step right foot forward (&) Step left up to right foot (2) Step right foot forward  
3&4            (3) Step left foot forward (&) Step right up to left foot (4) Step left foot forward  
5&6            (5) Step right behind left (&) Step left to left side (6) Step right to right side  
7&8            (7) Step left behind right (&) Step right to right side turning 1/8 left (8) Step left to left side  
turning 1/8 left (facing 9 o'clock)

