

Gloria

拍數: 32 牆數: 4 級數: Improver
編舞者: Amy Bell (NZ) - June 2024
音樂: Gloria (Glee Cast Version) (feat. Adam Lambert) - Glee Cast



Start on words Gloria

Section One - RIGHT SIDE SHUFFLE, KICK TOUCH, LEFT SIDE SHUFFLE, RIGHT HEEL, RIGHT TOE

- 1&2 Step RF to Right Side, Step LF Together with RF, Step RF to Right Side.
3-4 Kick LF Forward then Touch LF Down Next to RF (weight still on LF).
5&6 Step LF to the Left side, Step RF Together with LF, Step LF to Left Side.
7-8 Step Right Heel Forward, Step Right Toe Back.

Section Two - KICK, FLICK, STEP HOLD, CROSS ROCK RECOVER, TOGETHER, SIDE TOGETHER QUARTER

- 1-2 Kick LF Forward Then Flick LF Backward.
3-4 Step LF Forward, Hold.
5-6 Cross Rock LF over RF, Recover Back onto RF.
7&8 Step LF to the Side, Right Together with LF Stepping Quarter Left Stepping Left Foot Forward.

Section Three - V STEP, STEP LOCK STEP SIDE

- 1-4 Step RF Forward Out to Right Angle, Step LF Forward Out to Left Angle, Step RF Back, Touch LF Back Together with RF.
5,6,7,8 Step Forward on LF, Lock RF behind LF, Step Forward on LF, Step RF to the Right Side.

Restart Here on Walls 5 and 10 after words

“Leave him hanging on the line Calling Gloria”

Section Four - CROSS ROCK RECOVER, LEFT SIDE SHUFFLE, 2x QUARTER PADDLE TURNS

- 1-2 Cross Rock LF over RF, Recover on RF.
3&4 Step LF to the Side, RF Together with Left, LF to the Side.
5-6 Step RF Forward while Swaying Right Hip Forward, Turn ¼ Turn Swaying Left Hip to Left (Weight on LF).
7-8 Step RF Forward while Swaying Right Hip Forward, Turn ¼ Turn Swaying Left Hip to Left (Weight on LF).

FOR ENDING: Finish dance with 2 Final Stomps on the RF on the words Gloria

ENJOY THE DANCE!

Submitted by: Phoenix Adamson - Email: phoenix_adamson09@hotmail.com