Are You Ready For A Good Time

牆數: 2

級數: Beginner

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音樂: Ready for a Good Time - Hillbilly Rockstarz

Intro: 32-count

Style: On the knee hitches in Section 1 and 2, can style on the "yee haw" and "hell yeah" by punching arm opposite the knee into the air or when he says "raise em up" etc.

Section 1: Hitch – R/L and Walk Forward

1 RF step right

拍數: 32

- 2 L knee hitch in a circular motion (towards the R leg up, out and down)
- 3 LF step left
- 4 R knee hitch in a circular motion (towards the L leg, up, out and down)
- 5-8 Walk forward – R – L – R, Stamp LF on 8 without changing weight + Clap

Section 2: Hitch - L/R and Walk Backward

- 1 LF step left
- 2 R knee hitch in a circular motion (towards the L leg up, out and down)
- 3 RF step right
- 4 L knee hitch in a circular motion (towards the R leg, up, out and down)
- Walk forward L R L, Stamp RF on 8 without changing weight + Clap 5-8

** In the middle of Wall 5, do Section 1 and 2, then the 4-count Tag, then finish Section 3 and 4 **

Section 3: Kick, Kick, Back Rock, 1/4 turn Left x 2

- 1-2 RF kick forward and low two times
- 3-4 RF back rock, replace weight onto LF
- 5-6 RF small step forward, Turn 1/4 left/ccw as step on LF
- 7-8 RF small step forward, Turn 1/4 left/ccw as step on LF

Section 4: Kick, Kick, Back Rock, Stomp/Clap x 2

- 1-2 RF kick forward and low two times
- 3-4 RF back rock, replace weight onto LF
- Stomp RF next to LF, Stomp LF next to RF (weight on LF) 5-6
- 7-8 Clap, Clap

TAG: 4 Count

- Occurs three times: After Wall 2 facing 12:00, in the middle of Wall 5, and after Wall 7 Stomp RF next to LF, Stomp LF next to RF (weight on LF) 1-2
- ** high energy option: stomp in place with both feet with a little jump and air punch instead :-)
- 3-4 Clap, Clap

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