Get Saucy



拍數: 32 編數: 2 級數: Improver 編舞者: Rebecca Lee (MY) & Grace David (KOR) - October 2024

音樂: Saucy - The Mondays & LiTTiE



Intro: 32 Counts

SEC 1: R SAMBA WHISK, L SAMBA WHISK, FWD ROCK-RECOVER, BACK-RECOVER W/ FLICK, FWD STEP. LOCK

Step RF on R side (1), Rock LF back on ball (a), Recover on RF (2)

Step LF on L (3), Rock RF back on ball (a), Recover on LF (4)

Rock RF Fwd (5), Recover on LF (&), Rock RF back (6)

78& Recover on LF as you flick RF (7), Step RF Fwd (8), Lock LF behind RF (&)

SEC 2: FWD STEP, CHASE TURN, PRESS ROCK-RECOVER, TOGETHER, FWD STEP, FULL TURN

1 2&3 Step RF Fwd (1), Step LF Fwd (2), Turn 1/2 to R stepping RF Fwd (&), Step LF Fwd (3)

4&5 Press RF Fwd (4), Recover on LF (&), Step RF next to LF (5)

6 Step LF Fwd (6)

7 8 Turn 1/2 to L stepping RF back (7), Turn 1/2 to L stepping LF Fwd (8)

SEC 3: DIAGONAL SIDE TOUCHES, SIDE-TOGETHER, SIDE-TOUCH, DIAGONAL SIDE TOUCHES, SIDE-TOGETHER, SIDE

1&2& Step RF diagonal (1), Touch LF next to RF (&), Step LF diagonal (2), Touch RF next to LF

(&)

3&4& Step RF diagonal (3), Step LF next to RF (&), Step RF diagonal (4), Touch LF next to RF (&) Step LF diagonal (5), Touch RF next to LF(&), Step RF back diagonal (6), Touch LF next to

RF(&)

7&8 Step LF back diagonal (7), Step RF next to LF (&), Step LF back diagonal (8)

SEC 4: R PONY STEP, BALL-STEP, RUN 3X, CROSS ROCK-RECOVER, SIDE ROCK-RECOVER, BACK ROCK-RECOVER

1&2 Step RF back hitching L knee (1), Step LF next to RF (&), Step RF back hitching L knee (2)

Step LF next to RF on ball (&), Step RF Fwd (3)

Step LF Fwd (4), Step RF Fwd (&), Step LF Fwd (5)

6&7& Cross RF over LF (6), Recover on LF (&), Rock RF on R side (7), Recover on LF (&)

8& Cross RF behind LF (8), Recover on LF (&)

RESTART: On 3rd Wall after 24Count restart facing 6:00 TAG: On 6th Wall, after 16C, Do 4&Count TAG facing 12:00

Bring R arm down on chest level (palm facing down) (1), Bring L arm down to chest level

(palm facing down) (2)

&3&4 Cross both arms in (&), bring both arms out on side (3), Raise both arms up (palms facing

forward) (&), Bring back arns down on chest level (palms facing down) (4)

ENDING: After 8th Wall, Run around to the center and make a pose at the end.

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