

# Break My Bed, Not My Heart

COPPERKNOB  
BY STEPHEN

拍數: 32                      牆數: 2                      級數: Easy Intermediate  
編舞者: Sebastiaan Holtland (NL) - October 2024  
音樂: Break My Bed Don't Break My Heart - Beats By AI



One restart in wall 3 after start again.

Intro: slow 16 cts (0:11 secs).

**S1. [1-8] L Side, R Rock Back Behind, L Step ¼ Left, R Lock, L Step ¼ Left, R Hitch, R Step Lock Step, L Mambo Step.**

1,2&                      RF step left (1), LF rock behind RF (2), RF recover (&).  
3&4                      LF step fwd ¼ left (9.00) (3), RF lock behind LF (&), RF hitch R knee up ¼ left (6.00) (4).  
5&6                      RF step fwd (5), LF lock behind RF (&), RF step slightly fwd (6).  
7&8                      LF mambo fwd (7), RF recover (&), LF step slightly back (8).

(NB: Restart here in wall 3 after 8 counts, after start again).

**S2. [9-16] R Side Rock, L Full Triple Turn with R Sweep, R Across, L Side ¼ Right, R Rock Back, R Back, L Rock Back.**

1,2&                      RF rock right (1), LF recover and triple full turn to left (6.00) (2&).  
3                          RF sweep from back to front fwd (3).  
4&                          RF step across LF (4), LF step slightly left ¼ right (9.00) (&).  
5,6                          RF rock back (5), LF recover (6).  
&7,8                      RF step back ½ left (3.00) (&), LF rock back (7), RF recover (8).

**S3. [17-24] 2x L Diamond ¼ Left.**

1&2                      LF step fwd (1) RF step right 1/8 left (1.30) (&), LF step back (2).  
3&4                      RF step back (3), LF step left squaring up at (12.00) (&), RF step fwd (4).  
5&6                      LF step fwd (5) RF step right 1/8 left (10.30) (&), LF step back (6).  
7&8                      RF step back (7), LF step left squaring up at (9.00) (&), RF step fwd (8).

**S4. [25-32] L Kick Fwd, L Replace, R Side Point Right, R Heel Up & Replace, L Replace with R Hitch ½ Left, R Replace, L Step Back, R Side ¼ Left, L Step.**

1&2                      LF kick fwd (1), LF replace (&), RF point out to right (2).  
3,4                      RF push heel up fwd (3), RF replace (4).  
5,6                      LF replace ½ left (3.00) and hitch R knee up (5), RF replace (6).  
7&8                      LF step back (7), RF step right ¼ right (6.00) (&), LF step fwd (8).

**REPEAT THE DANCE AND HAVE FUN!!**