

Miss Carolina

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sabine Funke (DE) - October 2024
音樂: Miss Carolina - Braden Baugh



(1-8) Step, step, out-out, in-in, step, step kick-ball-step

1-2 RF step fwd, LF step fwd
&3&4 RF diagonally right fwd, LF diagonally left fwd, RF step fwd, LF step fwd
5-6 RF step fwd, LF step fwd
7&8 RF kick fwd, step down RF, LF step fwd (12:00)

(9-16) Step ¾ turn r, chasse r, back rock, chasse l

1-2 RF step fwd, ¾ turn left (3:00)
3&4 RF step right, LF next to RF, RF step right
5-6 RF step back, recover on LF
7&8 LF step left, RF next to LF, LF step left

(17-24) Behind, step fwd ¼ turn l, shuffle fwd, step ¼ turn r, cross shuffle

1-2 LF cross behind RF, LF step forward with ¼ turn right (12:00)
3&4 RF step fwd, LF next to RF, RF step fwd
5-6 LF step fwd, ¼ turn right (03:00)
7&8 LF cross over RF, RF step right, LF cross over RF,

(25-32) Side rock, behind-side-cross, side rock ¼ turn r, shuffle fwd

1-2 RF step right, recover LF
3&4 RF cross behind LF, LF step left, RF cross over LF
5-6 Rock R to right, recover on LF with ¼ turn right (6:00)
7&8 LF step fwd, RF next to LF, LF step fwd

(33-40) Step, step, out-out, in-in, step, step kick-ball-step

1-2 RF step fwd, LF step fwd
&3&4 RF diagonally right fwd, LF diagonally left fwd, RF step fwd, LF step fwd
5-6 RF step fwd, LF step fwd
7&8 RF kick fwd, step down RF, LF step fwd (6:00)

(41-48) Step ¾ turn r, chasse r, back rock, chasse l

1-2 RF step fwd, ¾ turn left (9:00)
3&4 RF step right, LF next to RF, RF step right
5-6 RF step back, recover LF
7&8 LF step left, RF next to LF, LF step left

(49-56) Heel grind ¼ turn r, coaster step, step ½ turn r, &step, step

1-2 Right heel grind ¼ turn right, recover left (12:00)
3&4 RF step back, LF next to RF, RF step fwd
5-6 LF step fwd, ¼ turn right (6:00)
&7-8 LF next to RF, RF step fwd, LF step fwd

(57-64) Side rock, behind-side-cross, side rock, sailor step

1-2 Rock to right, recover LF
3&4 RF cross behind LF, LF next to RF, RF corss over LF
5-6 Rock to left, recover RF
7&8 LF cross behind RF, RF step to right, LF step to left (6:00)

Repeat.....

Tag: At the end on 4 wall (2x)

Applejacks

- 1&2& Twist right heel and left toe to left, bring back to center, twist left heel and right toe to left, bring back to center
- 3&4& Twist right heel and left toe to left, bring back to center, repeat
- 5&6& Twist left heel and right toe to right, bring back to center, twist right heel and left toe to left, bring back to center
- 7&8& Twist left heel and right toe to right, bring back to center, twist right heel and left toe to left, bring back to center

Option: Make Swivet (1-8&)

Mambo step, coaster step, step ½ turn l, stomp stomp

- 1&2 RF step fwd, recover on LF, RF next to LF
- 3&4 LF step back, recover on RF, LF next to RF
- 5-6 RF step fwd, ½ turn left
- 7-8 RF stomp fwd, LF stomp next to RF
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