

Muevete

拍數: 32 牆數: 4 級數: Improver
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音樂: Muévete - Gitano Urbano



No Tag – No Restart

S 1 : Side Mambo (R – L) – Back Mambo – Step Walk (L – R – L)

1 & 2 Step R to side - Step L in place – Close R beside L
3 & 4 Step L to side – Step R in place – Close L beside R
5&6 Step R Back – Step L in place – Close R beside L
7 & 8 Step Walk fwd L – R – L

S 2 : ¼ Turn Left Side Step – ¼ Turn Right Side Step – Cross Shuffle – ¼ Turn Right Forward Shuffle

1-2 ¼ Turn left step R to side- ¼ turn right step R in place
3-4 ¼ Turn right step L to side- ¼ turn left step L in place
5&6 Cross R over L – Step L to side – Cross R over L
7&8 ¼ Turn right – Step L fwd – Close R together Step L fwd

S3 : Chasse – ½ Turn Right – Chasse ¼ Turn Right Sailor Step Forward ½ Turn Left, Sailor Step Forward

1&2 Step R to side – Close L together – Step R to side
3&4 ½ Turn right Step L to side – Close R together – Step L to side
5&6 ¼ Turn right cross R behind L – Step L to Side – Step R fwd
7&8 ½ Turn left cross L Behind R – Step R to side – Step L fwd

S 4 : Forward Mambo – Back Mambo – ¼ Turn Right Jazz Box (With Shimmy)

1&2 Step R fwd – Step L in place – Close R beside L
3&4 Step L back – Step R in place – Close L beside R
5,6,7,8 (With Shimmy) Cross R Over L – ⅛ Turn right, Step L Back – ⅛ Turn right Step R to Side – Close L Beside R