

Up Up Up

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lita Amanda (INA) - October 2024
音樂: Up - INNA



Intro : 16 Counts - No tag, No Restart

I. SIDE TO R, CHASSE, (CHASSE CROSS BEHIND – RL)

1 2 3&4 RF to R side, LF together, RF to R side, LF together, RF to R side
5&6 7&8 LF cross behind RF, RF recover, LF to L side, RF cross behind LF, LF recover, RF to R side

II. SIDE TO L, CHASSE, (CHASSE CROSS BEHIND – LR)

1 2 3&4 LF to L side, RF together, LF to L side, RF together, LF to L side
5&6 7&8 RF cross behind LF, LF recover, RF to R side, LF cross behind RF, RF recover, LF to L side

III. SHUFFLE (RL), BUMP TO R (UP DOWN 2x)

1&2 3&4 RF forward, LF together, RF forward, LF forward, RF together, LF forward
5 6 7 8 RF to R side with bump to R up, down, up, down

IV. BACKWARD (RLRL), ¼ TURN TO L PADDLE (1/4 – 3x)

1 2 3 4 RF backward with LF on heel, LF backward with RF on heel, RF backward with LF on heel,
LF backward with RF on heel,
5 6 7 8 ¼ turn to L RF forward (bring weight on 9 o'clock), ¼ turn to L RF forward (bring weight on 6
o'clock), ¼ turn to L RF forward (bring weight on 3 o'clock), RF together