Hold a Grudge

拍數: 32

級數: High Beginner

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音樂: Hold Me Like a Grudge - Fall Out Boy

Start one beat before the 1st verse (3rd 8 count after the downbeat)

(1-8) Step forward x2, syncopated zig-zagged back touch x4

- 1,2 Step RF diagonal forward R , LF meets RF
- 3,4 Step LF foot diagonal forward L, RF meets LF
- &5&6 Step RF back to RF diagonal, Touch LF next to RF, Step LF back to L diagonal, Touch RF next to LF
- &7&8 Step RF back to R diagonal, Touch LF next to RF, Step LF back to L diagonal, Touch RF next to LF

(9-16) Grapevine left and right

- 1,2 Step RF to the R side, LF behind RF
- 3,4 Step RF to R side , LF meets RF
- 5,6 Step LF to L side, RF behind LF
- 7,8 Step LF to L side, RF meets LF

(17-24) Kick and Point x 2 jazz box ¼ turn over right shoulder

- 1&2 Kick RF forward, step RF next to LF point L toe to L side
- 3&4 Kick LF forward, step LF next to RF, point R toe to R side
- 5,6 Step RF forward, LF to the L side
- 7,8 Step RF back, step LF ¼ turn to the right

(25-32) Lindy Right, lindy left

- 1&2 Step RF to R side, Step LF next to RF, Step RF to R side
- 3,4 Rock LF behind RF, Recover weight on RF
- 5&6 Step LF to L side, step RF next to LF, step LF to L side
- 7,8 Rock RF behind LF, recover weight on RF

Restarts: Walls 3 and 8 after the 2 grapevines at the beginning of the chorus





牆數:4