

Rainbow Waltz Time

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Shanthie De Mel (AUS) - October 2024
音樂: Rainbow Connection - Ross Mitchell, His Band and Singers



Intro: 12 count. Begin on vocals. No Tags or Restarts. Right rotation.
The music finishes after the last rotation facing the front. Pose! Do your own styling.

(1-6) TWINKLE RIGHT. POINT. HOLD.

1, 2, 3 Cross R over L. Step L to left side. Step R to right side.
4, 5, 6 Point L to left side for 3 counts. (12:00)

(7-12) TWINKLE LEFT. POINT. HOLD.

1, 2, 3 Cross L over R. Step R to right side. Step L to left side.
4, 5, 6 Point R to right side for 3 counts. (12:00)

(13-18) WALTZ FORWARD. SLOW LIFT.

1, 2, 3 Step R forward. Step L together. Step R in place.
4, 5, 6 Slow lift L for 3 counts. (12:00)

(19-24) WALTZ FORWARD. SLOW LIFT.

1, 2, 3 Step L forward. Step R together. Step L in place.
4, 5, 6 Slow lift R for 3 counts. (12:00)

(25-30) SWAY RIGHT. SWAY LEFT.

1, 2, 3 Step R to right side with a sway for 3 counts.
4, 5, 6 Step L to left side with a sway. (12:00)

(31-36) ROCKING CHAIR WALTZ.

1, 2, 3 Rock R forward. Recover L. Step R back.
4, 5, 6 Step L back. Step R forward. Step L forward. (12:00)

Styling Optional - Do Rainbow Arms.

(37-42) BACK. CROSS. BACK. TOUCH. HOLD.

1, 2, 3 Step R diagonally back. Cross L over R. Step R diagonally back.
4, 5, 6 Step L diagonally back. Cross R over L. Step L diagonally back. (12:00)

(43-48) TURN ¼ RIGHT BACK. CROSS. BACK. STEP. HOLD.

1, 2, 3 Turning ¼ right step R back. Cross L over R. Step R diagonally back. (3:00)
4, 5, 6 Step L to left side. Hold for 2 counts. (3:00)

Begin rotation again. Enjoy the dance!