

# Out for One

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rhys Williams (UK) - September 2023  
音樂: Going out for One (Studio Version) - gearoid mccarthy



---

## Intro: 16 Counts

### R SIDE ROCK, RECOVER, L SIDE ROCK, RECOVER, JAZZ BOX WITH TOUCH

- 1-2&      Rock Right to Right side, recover on Left, ball step right next to left
- 3-4      Rock Left to Left side, recover on Right.
- 5-6-7-8      Cross Left over Right, step back on Right, step Left to left side, touch Right beside Left.

### S2: STEP TOGETHER, ¼ SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2      Step Right to Right, Step Left next to Right
- 3&4      Step Right to turn ¼ Right (3:00), step left next to right, Step Right forward
- 5-6      Rock forward on Left, recover on Right.
- 7&8      Step back on Left, step Right next to Left, step forward on Left

### S3: KICK BALL POINT, KICK BALL POINT, STEP, HALF TURN, STEP, HALF TURN

- 1&2      Kick Right forward, step down on ball of Right, point Left to Left side.
- 3&4      Kick Left forward, step down on ball of Left, point Right to Right side.
- 5-6      Step forward on Right, pivot ½ turn to Left (9:00).
- 7-8      Step forward on Right, pivot ½ turn to Left (3:00).

### S4: Jazz Box cross, WEAVE AND STOMP

- 1-2      Cross Right over Left, step back on Left.
  - 3-4      Step Right to Right side, cross Left over Right.
  - 5-6      Step Right to Right side, step Left behind Right.
  - &7-8      Step Right to side, Cross Left over Right, stomp Right foot up.
-