

My Ride or Die

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kate Sala (UK) & Michelle Risley (UK) - July 2024
音樂: Ride or Die - Declan J Donovan



****Restart Wall 3, after 48ct**

[1-8] Side, Behind, Sweep, Behind, Side, Forward, Step, Swivel, Rock Step

1-2 Step Right to side, Cross Left behind as you Sweep Right Front to back
3&4 Right Behind, Left Side, Right Forward
5&6 Step left Toe forward, Swivel left Heel Left and Centre, Step Left In place
7-8 Rock Forward on right, recover left (12:00)

[1-8] Full Turn Back, Coaster, Walk, Kick Ball Change, Forward

1-2 ½ right step forward right, ½ right step back left (12:00)
3&4 Coaster Step R,L, R
5&6/7 Forward Left, Right Kick Ball Change
8 Step Forward Right (12:00)

***Alt: Counts 1-2 walk back Right, Left**

[1-8] Rock Step, turn back ½ Turn, ¼ turn side, Behind, Hold, Weave

1-2 Rock forward on Left, Recover
3-4 ½ Turn Left, ¼ Turn Left Step to Side (3:00)
5-6 Cross Left behind right, Hold
&7&8 Step Right to side, Cross Left in front, Step Right to Side, Left Behind

[1-8] Bounce 3/8, Kick Ball Change, Step, Hold, Ball Step, Brush

1-2 Make 3/8 turn bouncing heels (10:30)
3&4 Right Kick Ball Change
5-6 Step forward Right into Diagonal, Hold
&7&8 Step left next to Right, forward Right, Brush Left through (10:30)

[1-8] Cross Point, Back Point, Behind, 1/4 Turn, ¼ Side

1-2 Cross Left over Right, Point Right to side
3-4 Step Right behind Left, point Left to Side
5-6 Step back on left, start turning 3/8 right stepping forward
7-8 ¼ turn large step left side, drag right towards left (6:00)

[1-8] R Sailor, L Sailor, Kick, Cross, Touch, Kick, Out Out

1&2 Right Sailor Step
3&4 Left Sailor Step
5&6 Kick Right over Left, Cross, Tap left behind right
&7&8 Step back on L, Kick Right Forward, Step Right out, Left out (hip width apart)**

******Restart Wall 3, facing 6oc**

[1-8] Swivel Heel, Toe, ¼ Turn, Hitch, Reverse Rocking Chair, Full Turn Back

1&2 Swivel right foot towards left, Heel Toe, as you swivel heel, make ¼ Hitch Right (9:00)
3-4 Rock Back on Right, Recover
5-6 Rock Forward on Right Recover
7-8 ½ right step forward right, ½ right step back left (9:00)

[1-8] Rock Back, Flick, Shuffle, Pivot ½, ¼ Drag

1-2 Rock Back Right, Recover and flick right Back

3&4 Right Shuffle Forward
5-6 Step forward Left, pivot $\frac{1}{2}$ Turn Right
7-8 $\frac{1}{4}$ Turn Right stepping Left, Drag right to left and flick right behind (6:00)

Enjoy!
