

# Better

拍數: 32      牆數: 4      級數: High Intermediate  
編舞者: Hiroko Carlsson (AUS) - October 2024  
音樂: Better - Lewis Thompson & Ebenezer



Music Available on Spotify/YouTube Music/Apple Music/Amazon Music

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(Intro: 16 counts)

**[S1] Cross, Side Rock, Cross-Touch-Recover, Side, Cross-Touch-Recover**

1 2 3      Cross R over L, Rock L to the side, Replace weight on R  
4&5      Cross L over R, Tap R toes behind L, Replace/step back on R  
6      Step L to the side  
7&8      Cross R over L, Tap L toes behind R, Replace/step back on L

**[S2] Rolling Vine R into Side Rock-Cross, 1/4R Step-Lock-Step-1/4R w/ Sweep, Cross**

1 2      Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L (9:00)  
3&4      Make a ¼ turn right stepping/ rock R to the side (12:00), Replace weight on L, Cross R over L  
5&6      Make a ¼ turn right stepping back on L (3:00), Lock R over L, Step back on L  
7 8      Make a ¼ turn right stepping R to the side and sweeping L around, Cross L over R

**[S3] Side Shuffle, Behind, Kick, Behind, 1/4L, Step-Pivot 1/2L-**

1&2      Step R to the side, Step L close, Step R to the side  
3 4      Step L behind R, Kick R diagonally right forward  
5 6      Step R behind L, Make ¼ turn left stepping forward on L (3:00)  
7 8      Step forward on R, Make a ½ turn left recover weight on L (9:00)

**[S4] -Step-1/2L, Back-Point, 1/4R-1/4R (Diagonal), Cross-Back-Cross-Back**

1 2      Step forward on R, Make a ½ turn left weight ends on R (3:00)  
3 4      Step back on L, Point R to the side  
5 6      Step down on R making a ¼ turn right (6:00), Make a further ¼ turn right stepping diagonally back on L (9:00)

**-Restart here on Wall 4**

7&      Moving backwards towards the left – Cross R over L, Step back on L  
8&      Moving backwards towards the left – Cross R over L, Step back on L

**TAG: 2 counts Tag at the end of Wall 3 (3:00)- Cross Rock**

1 2      Rock R over L, Replace weight on L

Restart on Wall 4 count 30 (12:00)

(updated: 29/Sept/24)