Got My Own Thing

級數: High Beginner

編舞者: S.M. Fulton (USA) - September 2024

音樂: Got My Own Thing - Liz Phair

或: Do It Like This - Daphne Willis

#32-count intro for Got My Own Thing. No tags or restarts.

#16-count intro for Do It Like This. Restart after 16 counts on wall 3 (at 3:00) and on wall 6 (at 6:00). Can be done without restarts, though.

Section 1: R shuffle, L shuffle, side-touch, side-touch

- 1 & 2 3 & 4 R shuffle forward slightly diagonally, shuffle forward slightly diagonally
- 5 6 7 8 Step R to right side, touch L next to R, step L to side, touch R next to L

Section 2: R quarter fallaway, cross-back-back, sway x 4 RLRL

- 1 & 2 (1) R cross, (&) back 1/8 L, (2)R step slightly back 1/8 to 3:00. This is like a quarter fallaway or a fast jazz box quarter without the fourth step.
- 3 & 4 L cross, back R, L slightly back
- 5 6 7 8 Sway right-left-right-left

Section 3: R lindy, L lindy

- 1 2 3 4 R chasse, L back-rock, recover
- 5 6 7 8 L chasse, R back-rock, recover

Section 4: 2 x kick-ball-changes, rocking chair

- 1 2 3 4 R kick-ball-change, R kick-ball-change
- 5 6 7 8 R rocking chair

FOR AN EASY VERSION OF THIS DANCE, please see Syncopation Celebration, written to introduce novice dancers to some sycopation and some dance sequences.





拍數: 32

牆數:4