

Be Okay

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Newcomer
編舞者: Melanie Schattmaier (DE) & Katharina Bauer (DE) - September 2024
音樂: You'll Be Okay - Bradley Marshall



***1 Tag (after Wall 2) 2 Restarts in Wall 3 and 5 after 16 counts (sway,sway)**

Motion: Smooth/Nightclub

Dance starts on the word "everything"

R Basic, L Basic, ½ Diamond

1-2 & Step R to R side, step L slightly behind R, cross R over L
3-4 & Step L to L side, step R slightly behind L, cross L over R
5-6 & Step R to R side, turn ¼ L stepping L back, step back R
7-8 & Turn ¼ stepping L to L side, step R fwd, step L fwd

¼ Side R, cross rock L, L Basic, ¼ turn R, sweep L w cross, R back, ½ turn L, sway, sway

1-2 & ¼ Step R to R side, cross rock L over R, recover back onto right
3-4 & Step L to L side, step R slightly behind L, cross L over R
5-6 & Step R fwd with ¼ turn R, sweep L fwd cross L over R, R step back
7-8 & Turn ½ to L stepping L fwd, step R to R side swaying body R, sway body L

R Basic, side L, behind side cross, sweep L, side R, behind, sweep R, side L

1-2 & Step R to R side, step L slightly behind R, cross R over L
3-4 & Step L to L side, cross R behind L, step L to L side
5-6 & Cross R over L, sweep L fwd cross L over R, step R to R side
7-8 & Cross L behind R, sweep R backwards cross R behind L, Step L to L side

R Hitch, side R, Lunge L, side L, unwind full turn, Touch R

1-2 & Hitch R knee, slowly down, step R to R side
3-4 & Rock forward L (Lunge), recover back onto right, step L to L side
5-6 Cross R over L, start turning L
7-8 & Continuing turning, end full turn on L, Touch R

TAG: Sway RL RL

1& Step R to R side swaying body R, sway body L
2& Sway body R, sway body L