

Cero

拍數: 32 牆數: 4 級數: Beginner
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音樂: Cero (feat. Namayana Women's Choir) - Alvaro Soler



Part 1 Walk - Walk - Shuffle fwd - 1/8 Paddle - 1/8 Paddle - 1/8 Paddle - 1/8 Flick

1 2 LF Step fwd - RF Step fed
3&4 LF Step fwd - RF close or lock to LF - LF Step fwd
5 6 1/8 turn to left on LF and touch with RF - 1/8 turn to left on LF and touch with RF
7 8 1/8 turn to left on LF and touch with RF - 1/8 turn to left on LF and Flick RF

Part 2 Cross Step - Point - Cross Step - Point - 1/4 Jazz Box with Pointed ending

1 2 RF cross over LF - LF point to side
3 4 LF cross over RF - RF point to side
*Option: instead of Cross point you can do Samba Steps 1&2 3&4
*5 6 RF cross over LF - 1/8 turn to right and LF back
*7 8 1/8 turn to right and RF to side - LF point to side

Part 3 Hip sway - Hip sway - Skate - Skate - Skate - Hold

1 2 Sway your Hips to left an snap on 2
3 4 Sway your Hips to right an snap on 4
5 6 Skate with LF slightly fwd - Skate with RF slightly fwd
7 8 Skate with LF slightly fwd - Clap on 8

Part 4 Skate - Skate - Skate - Hold - Cross Rock Recover - Cross Rock Recover

1 2 Skate with RF slightly fwd - Skate with LF slightly fwd
3 4 Skate with RF slightly fwd - Clap twice
5 6 LF point cross over RF - LF to side
7 8 RF point cross over LF - RF to side
*Option:
*5&6 LF Cross over RF - Recover to RF - LF to side
*7&8 RF Cross over LF - Recover to LF - RF to side

Tag after Wall 5 - Counting 1 2
Hip sway left right

Tag after Wall 8 - Counting 1234
Hip sway left right left right

Ending: Dont turn the Jazzbox and clap
