

# New My Motherland and I

COPPER KNOB  
STEPSHEETS

拍數: 16      牆數: 4      級數: Intermediate  
編舞者: Diana Liang (CN) - September 2019  
音樂: Wo He Wo De Zu Guo (我和我的祖国) - Liao Chang Yong (廖昌永) & Tan Jing (譚晶)



## Bridge/Restart, Step in on Vocal

Bridge: 2C during W3/4/7/8

Restart: after 4&a of S2 during W4

## S1: Sid Drag, 1/4R Back Drag, Coaster, Forward 1/4L Sweep Forward, Forward Sweep, Forward Point, Back Sweep 1/4L, Coaster

1&a            step Rf to R, drag Lf towards Rf over &a 2&a turn 1/4 to R stepping Lf back, 3H, drag Rf towards Lf over &a  
3&a            step Rf back, step Lf next to Rf, step Rf forward  
4&a            turn 1/4 to L stepping Lf forward, 12H, sweep Rf from back to front over &a  
5&a            step Rf forward, sweep Lf from back to front over &a  
6&            step Lf forward, point Rf to R  
7&a            step Rf back, turn 1/4 to L Sweeping Lf from front to back over &a, 9H  
8&a            step Lf back, step Rf next to Lf, step Lf forward

## Bridge Here: During W3/4/7/8, 2C of Side Drag

1-2            step Rf to R dragging Lf towards Rf, step Lf to L dragging Rf towards Lf

## S2: Side Drag RL, 6 curved Runs in 1/2R, 1/2L, Shuffle, Rock Forward, Recover, 1/4R Together x2

1-2            step Rf to R dragging Lf towards Rf, step Lf to L dragging Rf towards Lf  
3&a            step Rf forward, turn 1/8 to R stepping Lf forward, 10:30H, turn 1/8 to R stepping Rf forward, 12H (all runs in small steps)  
4&a            turn 1/8 to R stepping Lf forward, 1:30H, turn 1/8 to R stepping Rf forward, 3H, step Lf forward (all runs in small steps)

## Restart Here: During W4

5&a            step Rf forward, turn 1/2 to L over &a and keeping weight on Rf, 9H  
6&a            step Lf forward, step Rf next to Lf, step Lf forward  
7            slow rock Rf forward  
8&a            recover to Lf, turn 1/4 to R stepping Rf next to Lf, 12H, turn 1/4 to R stepping Lf slightly forward, 3H

## Ending: dance up to 6& of S1 during W9. , then add the following 2C to finish front

1&a            step Rf back, sweep Lf from front to back over &a  
2&a            step Lf back, step Rf next to Lf, step Lf forward, 12H

Thanks and happy dancing!

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