

Soltera

拍數: 32 牆數: 4 級數: Improver
編舞者: Theresia Komala (INA) - September 2024
音樂: Soltera - Shakira



Dance Start: on 16 Counts after the music starts

No Tag No Restart

Section 1 : SIDE BASIC SAMBA R-L, FORWARD MAMBO, BACK MAMBO

1 a2 RF to side (1); LF together next to RF(a); RF step in place (2)
3 a4 LF to side (3); RF together next to LF (a); LF step in place(4)
5&6 RF step forward (5); LF step in place(&); RF step back (6)
7&8 LF step back (7) ; RF step in place (&); LF step Forward (8)

Section 2 : L TRAVING VOLTAS, 1/4 TURN L DIAMOND

1&2 RF cross over LF (1); LF side (&); RF cross over LF(2)
&3 &4 LF side (&); RF cross over LF(3); LF side (&); RF cross over LF(4);
5&6. LF cross over RF (5); 1/8 turn L RF step back (&); LF step back with hitch (6)
7&8. RF step back (7); 1/8 turn L LF to side(&); RF cross over (8) (9:00)

Section 3 : SAMBA WHISK L-R, 1/2 TURN L VOLTA

1 a2 LF step side (1); RF cross rock behind LF (a); LF recover weight onto LF(2)
3 a4 RF step side (3); LF cross rock behind RF (a); RF recover weight onto RF(4)
5&6. 1/8 turn L LF Forward (5); RF next to LF(&); 1/8 turn L LF step forward (6)
&7&8 RF next to LF (&); 1/8 turn L LF Forward (7); RF next to LF (&); 1/8 turn L LF Forward (8)
(3:00)

Section 4 : BOTAFOGO R-L , BATUCADA

1 a2 RF cross over LF(1); LF step to side(a); RF step in place weight onto RF (2)
3 a4 LF cross over RF(3); RF step to side(a); LF step in place weight onto LF (4)
&5&6 RF step back (&); Touch LF in place(5); LF back (&); touch RF in place (6)
&7&8 RF step back (&); touch LF in place(7); LF back (&); touch RF in place (8)

Last Update: 30 Sep 2024