

Still 9 to 5

拍數: 32 牆數: 4 級數: Beginner / High Beginner
編舞者: Patricia Soran (AUT) - September 2024
音樂: 9 To 5 - Jackers Revenge



Intro: 64 Counts (Start with lyrics)

Restart: After 16 Counts in Wall 4 (after instrumental part)

[1-8]: STEP FWD. R, TOUCH L BEHIND, STEP BACK L, POINT R, JAZZ BOX

1-4 Step fwd. with RF; Touch LF behind RF; Step back with LF; Touch RF to side

5-8 Cross RF over LF; Step back with LF; Step RF to side; Cross LF over RF

[9-16]: ROLLING VINE R (or Grapevine R for non turners), GRAPEVINE L WITH ¼-TURN L

1-4 ¼-turn right (3:00) and step fwd. RF; ½-turn right (9:00) and step back LF; ¼-turn right (12:00) and step to side with RF; Touch LF near RF (optional Grapevine right)

5-6 Step LF to side; Cross RF behind LF; ¼-turn left (9:00) and step LF fwd.; Brush RF near LF

RESTART HERE IN WALL 4 (facing 12:00)

[17-24]: ½-STEP TURN L, ½-TRIPLE TURN L (or Rock step fwd. and Triple Step back for non turners), ROCK BACK, TRIPLE STEP FWD.

1-2 Step RF fwd.; ½-turn left (3:00) and transfer weight on LF (for easier option Rock Step fwd. RF facing 9:00)

3&4 ¼-turn left (12:00) and step to side with RF; Step together with LF; ¼-turn left (9:00) and step back with RF (for easier option Triple Step back facing 9:00)

5-6 Rock back with LF; Recover on RF

7&8 Step fwd. with LF; Step together with RF; Step fwd. with LF

[25-32]: TURNING BOX: 4x STEP-TOUCH WITH ¼-TURN L (or K-Step for non turners)

1-2 ¼-turn left (6:00) and step side with RF; Touch LF near RF and optional clap

3-4 ¼-turn left (3:00) and step side with LF; Touch RF near LF and optional clap twice (on &4)

5-6 ¼-turn left (12:00) and step side with RF; Touch LF near RF and optional clap

7-8 ¼-turn left (9:00) and step side with LF; Touch RF near LF and optional clap twice (on &8)

NOTE: This is a fun dance for everyone – therefore it has easier options for the more challenging steps/turns. Enjoy and Happy Dancing!

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Last Update: 28 Sep 2024