

# Don't Push Me

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Heejin Kim (KOR), Hyangim Kim (KOR) & Eunjeong Jeong (KOR) - September 2024  
音樂: Don't Push Me - Sweetbox



**\*Intro : 16counts**

**[SEC 1] Walking x2, Mambo Step, Rock, Recover, Cross Samba**

1 2            RF Step forward, LF Step forward  
3&4           RF Rock forward, LF Recover, RF Step together (Pushing the hip back)  
5 6            LF Rock side, RF Recover  
7&8           LF Cross over, RF Step side, LF Recover

**[SEC 2] ¼ Pivot x2, Heel Switch, Walking x2**

1 2            RF Step forward, LF ¼ turn L Step side  
3 4            RF Step forward, LF ¼ turn L Step side  
5&6&        RF Touch heel forward, RF Step together, LF Touch Heel forward, LF Step together  
7 8            RF Step forward, LF Step forward

**[SEC 3] Out, Out, jump x3, Side, Touch, Side, Touch**

1 2            RF Step diagonal forward, LF Step diagonal forward  
3&4           BF Jump back together, BF Jump back together, BF Jump back together  
5 6            RF Step side, LF Touch toe across  
7 8            LF Step side, RF Touch behind

**[SEC 4] Side, Cross, Side, Cross, Toe, Heel, Step, Step, ½ Heel Bounce x2**

1 2            RF Step side, LF Cross over  
3 4            RF Step side, LF Cross over  
5&6           RF Touch toe together, RF Touch heel out, RF Step forward  
7&8           LF Step forward, BF ½ turn R Bounce heel, BF ½ turn R Bounce heel (Weight on LF)

**\*Restart: after 8counts on 2wall(6:00)**

**\*Tag: 36 counts - After 6wall(9:00)**

**[SEC 1] Step, Hold, Step, Hold, Rocking Chair**

1 2            RF Step forward, Hold  
3 4            LF ¼ turn R Step forward, Hold  
5 6            RF Rock forward, LF Recover  
7 8            RF Rock back, LF Recover

**[SEC 2] Side, Touch, Side, Touch, Prissy Walk, Hold, Prissy Walk, Hold**

1 2            RF Step side, LF Touch together  
3 4            LF Step side, RF Touch together  
5 6            RF Cross over, Hold  
7 8            LF Cross over, Hold

**[SEC 3] Big Step Back, Hold, Swivel&Hold x3**

1 2            RF Big Step back, Hold  
3 4            LF Swivel back, Hold  
5 6            RF Swivel back, Hold  
7 8            LF Swivel back, Hold

**[SEC 4] Side, Touch, Side, Touch, Prissy Walk, Hold, Prissy Walk, Hold**

1 2 RF Step side, LF Touch together  
3 4 LF Step side, RF Touch together  
5 6 RF Cross over, Hold  
7 8 LF Cross over, Hold

**[SEC 5] Walking Around Full Turn**

1 2 RF  $\frac{1}{4}$  turn R Step forward, LF  $\frac{1}{4}$  turn R Step forward  
3 4 RF  $\frac{1}{4}$  turn R Step forward, LF  $\frac{1}{4}$  turn R Step forward

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