

Ruckus

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Karla Carter-Smith (CAN) - September 2024
音樂: Back Then Right Now - Tyler Hubbard
或: Worth a Shot - Aaron Pritchett
或: Jumpin' the Gun - Ronnie Barnes
或: Tonight Is a Wonderful Time to Fall In Love - April Wine
或: I'm Good (Blue) - David Guetta & Bebe Rexha



Note: This dance was not choreographed to any particular song, it is meant to go to many different songs so that people have an opportunity to dance more, great for floor splits. Note in the music suggestion a couple of songs could have restarts but I found if you take out the restarts they still work great with the songs for those that are struggling with restarts but still want to dance, also noted are a couple that will end facing the front wall with out changing the steps at all...Bonus, yay!

Music suggestions: Back then Right now by Tyler Hubbard (take out any potential restarts, ends facing front)
Worth a Shot by Aaron Pritchett (take out potential restarts, endings facing front)
Jumpin the Gun by Ronnie Barnes (no potential restarts, ends facing front)
Tonight is a Wonderful Time to Fall in Love by April Wine (no potential restarts, ends facing front)
I'm Good (Blue) by David Guetta & Bebe Rexha (no potential restarts)

Box Step, ¼ Turn Monterey cross

1,2,3,4 Cross right over left(1), step back on left(2), right to right side(3) left step beside right(4)
5,6,7,8 Point right toe to right side(5), keeping weight on left foot turn ¼ right stepping right together
(6), Point left toe to left side(7), cross left in front of right(8)(3:00)

Side Shuffle, Rock Back, Vine Left with a touch

9&10 Step right to right side(1), Step left beside right(&), Step right to right side(2)
11,12 Rock back on left foot(3), recover forward to right(4)
13,14,15,16 Step left to left side(5), Step right behind left(6), Step left to left side(7), touch right toe beside
left(8)(3:00)

*Turning option for counts 13-16, left turning vine

13,14,15,16 Left foot step forward turning ¼ left(5), step back on right turning ½ left(6), step left forward
turning ½ left(7), touch right beside left(8)

Side Hold, Behind & Cross, Rock ¼ turn left, Walk, Walk

17,18 Right to right side(1), Hold(2)
19&20 Left step behind right(3), right to right side(&), left cross in front of right(4)
21,22 Rock right to right(5), recover to left turning ¼ left(6)(12:00)
23,24 Step forward on right(7), step forward on left(8)

*Turning option for counts 23, 24 Full Turn left

23,24 Step forward turning ½ turn left on right(7), step back turning ½ turn left on left(8)

Step, Clap, ¼ Left Step, Clap, Rocking Chair

25,26 Step right forward(1), hold & clap(2)
27,28 Turn ¼ left stepping forward on left(3), hold & clap (4)(9:00)
29,30,31,32 Rock forward on right(5), recover back to left(6), rock back on right(7), recover forward to
left(8)(9:00)

*Turning option for counts 29-32: 2 half turn pivots

29, 30,31,32 Step forward on right turning 1/2 turn left(5), step left in place(6), step forward on right turning
½ left(7), step left in place(8)(9:00)

Repeat, Have Fun!

