

The Flowing River Waltz (P)

拍數: 36 牆數: 1 級數: Improver Partner
編舞者: Dick Rogers (USA) & Nancy Rogers (USA) - September 2024
音樂: My Guitar Is Crying - Kenny Wayne Shepherd
或: Never Love You Again (feat. Sierra Ferrell) - Post Malone
或: Whiskey Kisses - Johnny Reid



Also: Any waltz with a suitable tempo [90-110 bpm]

Note: This choreography starts in Closed Position and uses American Waltz figures.

It pairs well with a popular version of the country dance, "The River Waltz" by Iris M. Mooney, and can be danced in synchrony with that dance.

Steps are described for Lead. Follow steps are opposite except where noted.

Starting Position: Closed "ballroom" position with weight on Lead's RF and Follow's LF.

[1-6] TWINKLE R TO PROMENADE POSITION, PROMENADE TWINKLE L TO OPEN POSITION

- 1-3 Step LF forward (1), step RF to R (2), pivot $\frac{1}{4}$ L on ball of RF and step LF beside RF in Promenade Position (3)
4-6 Step RF forward (4), pivot $\frac{1}{4}$ R and step LF to L and slightly back of RF position while releasing RH from Follow's back (5), pivot $\frac{1}{4}$ R on ball of LF bringing RF beside LF and moving LH/RH forward through the partnership (6)

[7-12] OPEN TWINKLE R TO PROMENADE POSITION, PROMENADE TWINKLE L TO CLOSED POSITION

- 1-3 Step LF forward leading the Follow in the same direction (1), pivot $\frac{1}{4}$ L on ball of LF and step RF beside LF while placing RH on Follow's back (2), continue to pivot $\frac{1}{4}$ L on RF and step LF beside RF while assuming Promenade Position (3)
4-6 Step RF forward (4), pivot $\frac{1}{4}$ R and step LF beside RF while assuming Closed Position (5), step RF beside LF and settle in Closed Position (6)

[13-18] BALANCE FORWARD, BALANCE BACK

- 1-2 Step LF forward (1), step RF beside LF (2), step LF in place (3)
4-6 Step RF back (4), step LF beside RF (5), step RF in place (6)

[19-24] FIRST QUARTER OF L TURNING BOX (BOTH), OUTSIDE TURN TO SIDE-BY-SIDE POSITION

- 1-3 Step LF forward with a prep L (1), turn $\frac{1}{4}$ L and step RF to R (2), step LF beside RF (3)
4-6 Step RF back while lifting the LH to signal an Outside Turn to Follow (4), step LF beside RF while Follow takes a walking step diagonal forward R on RF under the Lead's raised L arm (5), step RF beside LF while Follow takes a walking step on LF curving R to end in side-by-step position with Lead (6)

[25-30] FIRST QUARTER OF L TURNING BOX (LEAD), PARTNERS COME TOGETHER IN CLOSED POSITION

- 1-3 Step forward on LF with a prep L while Follow steps forward on RF with prep R (1), turn $\frac{1}{4}$ L and step RF to R while Follow turns $\frac{1}{4}$ R and steps LF to L (2), partners should now be facing in one hand hold and each steps their free foot beside the weighted foot and changes weight (3)
4-6 Step back on RF and lead Follow forward on LF and start to close the distance between the partnership (4), step LF to L while Follow steps RF to R and both close the gap further (5), step RF beside LF while Follow steps LF beside RF and both assume Closed Position (6)

[31-36] HALF OF L TURNING BOX

- 1-3 Step LF forward with a prep L (1), turn $\frac{1}{4}$ L and step RF to R (2), step LF beside RF (3)
4-6 Step RF back with a prep L (1), turn $\frac{1}{4}$ L and step LF to L (2), step RF beside LF (3)

START OVER

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