

Stay With Me Baby

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Chris Jackson (UK) - September 2024
音樂: Stay with Me - Lorraine Ellison : (Amazon)



Three easy restarts to the music, 24-count intro, begins with weight on the right.

SECTION ONE – FORWARD-POINT HOLD, BACK POINT HOLD, CROSS ROCK- RECOVER, CROSS SIDE-ROCK

- 1,2,3,4,5,6 Forward left, point right, hold, Back right, point left, hold
7,8,9,10,11,12 Cross left over right, rock right to right side, recover on left to left side, cross right over left, left to left side recover on right

SECTION TWO – TURN, TOGETHER, STEP, HALF, HALF, STEP, ROCK-RECOVER, QUARTER, CROSS-TURN-SWEEP

- 1,2,3,4,5,6 Make a quarter turn left stepping back on left, right next to left, step forward left, stepping forward make a half turn left back on right, make another half turn left forward on left, forward right (9.0)
7,8,9,10,11,12 Rock forward on left, recover on right, make a quarter turn left stepping left to left side, cross right toes across left and push up on right and sweep left from left side to behind as you make a quarter turn to your left (3.0)

SECTION THREE – BEHIND, SIDE, CROSS, ROCK AND CROSS, SIDE-BEHIND AND-HEEL AND-CROSS, QUARTER, QUARTER

- 1,2,3,4,5,6 Left behind right, right to right side, cross left over right, rock right to right side, recover on left, cross right over left
7,8&9&10,11,12 Left to left side, right behind left, step diagonally back on left(&), touch right heel forward, right next to left(&), cross left over right, make a quarter turn left stepping back on right, make another quarter turn left stepping left to left side (9.0)

SECTION FOUR – CROSS, ROCK-RECOVER, CROSS, SIDE-DRAG, CROSS ROCK-RECOVER, QUARTER, QUARTER

- 1,2,3,4,5,6 Cross right over left, rock left to left side, recover on right to right side, cross left over right, right to right side, drag left towards right
7,8,9,10,11,12 Cross left over right, rock right to right side, recover on left to left side, cross right over left, make a quarter turn right stepping back on left, make another quarter turn right stepping right to right side (3.0)

RESTART Wall 2 – Dance up to Step 6 of Section Four slowing down as you do the 'side-drag' to fit the music and then Restart facing 12.0.

RESTART Wall 6 – Dance up to Step 6 of Section Four slowing down as you do the 'side-drag' to fit the music and then Restart facing 3.0.

RESTART Wall 8 – Dance up to Step 6 of Section Three slowing down as you do the 'rock and cross' to fit the music and then Restart facing 9.0.

ENDING Wall 9 – Dance up to Step 7 of Section Three, and change it to 'Step forward left making a quarter turn left to face front' – Ta Da!