

Ricaragua

拍數: 32 牆數: 4 級數: Improver
編舞者: Roosamekto Mamek (INA) - September 2024
音樂: Ricaragua - Kola Loka & Osmani Garcia "La Voz"



Intro: 32 count (approximately 00:21)

S1. CUMBIA, CROSS SHUFFLE

1&2 Rock R behind L – Recover on L – Step R to side (12:00)
3&4 Rock L behind R – Recover on R – Step L to side
5&6& Cross R over L – Step L to side – Cross R over L – Hitch L knee up
7&8 Cross L over R – Step R to side – Cross L over R

S2. SIDE CHASSE, TOUCH, SIDE CHASSE TURN 1/4 LEFT, SIDE CHASSE

1&2& Step R to side – Step L together – Step R to side – Touch L together (12:00)
3&4& Step L to side – Step R together – Step L to side – Touch R together
5&6& Turn 1/4 left step R to side – Step L together – Step R to side – Touch L together (9:00)
7&8 Step L to side – Step R together – Step L to side

S3. CROSS ROCK (CUBAN BREAK)

1&2& Cross/Rock R over L – Recover on L – Rock R to side – Recover on L (9:00)
3&4 Cross/Rock R over L – Recover on L – Step R to side
5&6& Cross/Rock L over R – Recover on R – Rock L to side – Recover on R
7&8 Cross/Rock L over R – Recover on R – Step L to side

S4. FORWARD LOCK SHUFFLE, CHASSE TURN 1/2 RIGHT, FORWARD LOCK SHUFFLE, FORWARD MAMBO

1&2 Step R forward – Lock L behind R – Step R forward
3&4 Step L forward – Turn 1/2 right weight on R – Step L forward
5&6 Step R forward – Lock L behind R – Step R forward
7&8 Rock L forward – Recover on R – Step L back

REPEAT

RESTART : On wall 3, 6, 9 & 11 after 16 count

For more info about step sheet & song, please contact:

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