

Steppin Away

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karla Carter-Smith (CAN) - September 2024
音樂: Mr. Lonely - Midland
或: All Shook Up - Billy Joel
或: AA - Walker Hayes
或: BFE - Kane Brown
或: Don't Rock the Jukebox - Alan Jackson
或: My Next Broken Heart - Brooks & Dunn



This dance was not choreographed to any particular song it can be used for many different tracks, great floor split to get more dancers on the floor. Note in the music suggestion a couple of songs could have restarts but I found if you take out the restarts they still work great with the songs for those that are struggling with restarts but still want to dance, also noted are a couple that will end facing the front wall with out changing the steps at all...Bonus, yay!

Music Suggestions:

Mr Lonely by Midland(ends facing front, no potential restarts)
All Shook Up by Billie Joel (ends facing 9:00, no potential restarts)
AA by Walker Hayes (slower tempo, no potential restarts)
BFE by Kane Brown(ends facing front, dance thru any potential restarts)
Don't Rock the Jukebox by Alan Jackson (ends facing front, no potential restarts)
My Next Broken Heart by Brooks & Dunn (ends facing 3:00, no potential restarts.)
Plus many more!

Point, Step, Point, Touch, Kick, Step, Stomp, Stomp

1,2,3,4 Point right toe to right side(1), step right beside left(2), Point left toe to left side(3), touch left toe beside right(4)
5,6 Kick left foot forward(5), step left beside right(6)
7,8 Stomp right foot beside left(7), Stomp right foot beside left keeping weight on left(8)(12:00)

Step Touch x 4 (backwards Z pattern)

9,10 Step right forward on a diagonal right towards 1:00(1), touch left toe beside right(2)
11,12 Step left to left side (3), touch right toe beside left(4)
13, 14 Step right back on a diagonal towards 4:30(5), touch left toe beside right(6)
15, 16 Step left to left side (7), touch right toe beside left(8)(12:00)

Vine Right with a touch, Vine Left with ¼ turn left touch

17,18,19,20 Right foot step to right(1), left foot cross behind(2), right step to right side(3), touch left beside(4)
21,22,23,24 Left foot step to left(5), right foot cross behind(6), left step to left side turning 1/4 left(7), touch right beside left(8)

*Turning option for counts 17-24, 2 turning vines

17,18,19,20 Right foot step to right turning ¼ right(1), stepping back on left foot turning ½ right (2), step forward on right turning ¼ right(3), touch left beside(4)
21,22,23,24 Left foot step forward turning ¼ left(5), step back on right turning ½ left(6), step left forward turning ½ left(7), touch right beside left(8)

Bump x 2 Right, Bump x 2 Left, Rock Back, Step, Step

25, 26 Transferring weight to right foot bump hips twice to the right(1,2)
27, 28 Transferring weight to left foot bump hips twice to the left(3,4)
29,30 Rock back on right foot as you lift your left foot off the floor(5), Step down on left(6),
31, 32 Walk forward right(7), walk forward left(8)

Note: Counts 29, 30 can be done with a bit of a bend in your right knee to make it more comfortable, like a

small hopping motion back

Repeat, Have fun!
