

# Spongebob Style

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kaleb Shrimpton (UK) - September 2024  
音樂: Squeeze Me - N.E.R.D



## SEC 1 TOE STRUT, TOE STRUT, ROCK, STEP, HITCH

- 1-2      Toe strut right to right side, place weight down on right foot
- 3-4      Cross strut left over right, place weight down on left foot
- 5-6      Rock right foot out to the side, recover weight onto left
- 7-8      Step right foot back and drag the left on the same count, hitch left leg into the air

## SEC 2 DOROTHY, STEP BACK ¼, SLIDE, HITCH KICK HITCH

- 1-2      Dorothy step on the left foot
- 3-4      Cross right over left, step left back, turning a ¼ over the right shoulder
- 5&6      Step the right out to the right side, drag the left foot, hitch the left
- 7-8      Kick the left foot, hitch the left foot

## SEC 3 ROCK, TOE STRUT ¼, TOE STRUT ½ & ROCK RECOVER

- 1-2      Rock the left foot forward, recover weight onto the right
- 3-4      Point the left a ¼ over the left shoulder (3:00), place weight down on left foot
- 5-6      Point right a ½ over the left shoulder (9:00), place weight down on the right foot
- &7-8      Step left next to right, rock right foot out, recover weight onto the left foot

## SEC 4 SAILOR ¼ TURN, STEP LOCK STEP, STEP LOCK STEP, STEP SCUFF

- 1&2      Sailor step ¼ turn over the right shoulder (12:00)
- 3&4      Step the left foot to the left diagonal, lock the right behind, step the left in front
- 5&6      Step the right to the right diagonal, lock the left behind, step the right in front
- 7-8      Step left a ¼ over the right shoulder (3:00) scuff the right foot

During the dance, on the hold counts the song will say: "Yeah!" Feel free to throw your arms in the air as if you're cheering because it fits the music very nicely.  
It'd a bit cheesy I know.

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