

Oh What a Life

拍數: 48 牆數: 2 級數: Intermediate
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音樂: What A Life - Russell Dickerson



SECTION 1: BACK ROCK, SHUFFLE 1/2 TURN L, BACK SLIDE, COASTER STEP

1-2 Step right back, recover onto left
3&4 Turn 1/4 left, step right to side, step left next to right, turn 1/4 left, step right back
5-6 Step left back, slide right toe back next to left
7&8 Step right back, step left next to right, step right forward

SECTION 2: CROSS, POINT, CROSS, POINT, HEEL GRIND 1/4 TURN L, BACK TOUCH

1-2 Cross left over right, point right to side
3-4 Cross right over left, point left to side
5-6 Grind left heel with toe inward, turn 1/4 left, step right back
7-8 Step left back, touch right toe in front of left

SECTION 3: STEP FWD, SIDE STEP 1/4 TURN R, SAILOR STEP 1/4 TURN R, STEP HOLD, BALL STEP, SCUFF

1-2 Step right forward, turn 1/4 right, step left to side
3&4 Cross right behind left, turn 1/4 right, step left to side, step right to side
5-6 Step left forward, hold
&7-8 Step right ball behind left, step left forward, scuff right heel forward

SECTION 4: CROSS ROCK, SIDE ROCK, WEAVE MODIFIED

1-2 Cross right over left, recover onto left
3-4 Step right to side, recover onto left
5-6 Cross right behind left, turn 1/4 left, step left forward
7-8 Step right to side, cross left behind right

* Restart here on the 3rd wall

SECTION 5: SIDE STEP, POINT, 1/4 TURN L, 1/2 TURN, BACK SLIDE, COASTER STEP

1-2 Step right to side, point left to side
3-4 Turn 1/4 left, step left forward, turn 1/2 left, step right back
5-6 Step left back, slide right toe back next to left
7&8 Step right back, step left next to right, step right forward

SECTION 6: STEP, SCUFF, STEP, SCUFF, CROSS, 1/4 BACK STEP, SHUFFLE BACK

1-2 Step left forward, scuff right forward
3-4 Step right forward, scuff left forward
5-6 Cross left over right, turn 1/4 left, step right back
7&8 Step left back, step right next to left, step left back

BEGIN THE DANCE AGAIN

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