Freebird Southern Nights



編舞者: Amy Russell (AUS) - September 2024

音樂: Little Things - Kaleb Austin: (Album: Little Things (2023))



Direction: Anticlockwise

Restart: Wall 8 after 16 counts facing 12:00

Intro: 32 counts approximately 16 seconds start dance on vocals

[1 - 8] Section 1: Rocking chair, heel struts forward R L

1 2 3 4 Left leg remaining in place rock forward on right, recover back on left, rock right backwards,

recover forward on left weight on left.

5 6 7 8 Heel dig right forward, drop right toes to ground transferring weight forward onto right, heel

dig left forward, drop left toes to ground transferring weight forward onto left (12:00)

[9 – 16] Section 2: Grapevine ¼ right, brush, forward ½ turn, forward shuffle

1 2 3 4 Step right to right side, cross left behind right, ¼ right stepping forward on right, brush left

forward (3:00)

5 6 7 8 Step forward on left, turn ½ right transferring weight from left to right foot, step left forward,

step right together with left, step left forward (9:00)

** Restart here on wall 8 facing 12:00**

[17 – 24] Section 3: Modified rumba box with coaster step

1 2 3 & 4 Step right to right side, step left together transferring with onto left, step right forward, step left next to right, step right forward.

Step left to left side, step right together transferring weight onto right, step left backwards, step right together with left, step left forward weight ending on left.

[25 – 32] Section 4: Side touch right, forward touch, side step right, touch left, side touch left, forward touch, side step left, touch right

1 2 3 4 Touch right to right side, touch right forward, step right to right side weight on right, touch left next to right

Touch left to left side, touch left forward, step left to left side weight on left, touch right next to left.

Ending: Wall 11 start facing 6:00 dance up to 5 counts of section 2 and replace counts 6-8 with below steps

Pivot ¼ right transferring weight from left to right, cross left in front of right, step right slightly behind left, cross left in front of right

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