

Electric Remedy

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Katie Robinson (USA) - 20 September 2024
音樂: Electric (Lose Control) - The Remedy : (Spotify)



Intro: 8 counts

[1-8] Kick and point 2X, Kick forward, touch back, walk back 2X

1&2 Kick R, point L side
3&4 Kick L, point R side
5&6 Kick R fwd, point L Back
7,8 Step back R, L

[9-16] Reverse rocking chair, Sweeps backward 4X

1,2 Rock back R w/body roll, recover onto L
3,4 Rock fwd R, recover onto L
5,6 Step back R and sweep L, step back L and sweep R
7,8& Step back R and sweep L, step back L and sweep R, step L in place

[17-24] Samba step, point switches 2X, hitch and point 2X

1&2 Cross R over L, step L out L, step R out R
&3&4 Step L together, Point R to R side, Step R together, point L to L side
&5&6 Step L together, hitch L, replace L, point R to R side
&7&8 Step R together, hitch R, replace R, point L to L

[25-32] Slow sweep forward 2X, hitch, 1/4 turning jazz box

1,2 Step L forward, sweep R back to front
3,4 Step R forward, Sweep L back to front and step onto L
&5, 6 Hitch R, cross R over L, step back L making 1/4 turn to 3:00
7,8 Step R out to R, Step L next to R

Restart on wall 4 after 8 counts
