

# Bella Ciao

拍數: 48      牆數: 2      級數: Phrased Improver  
編舞者: Swesty Budianingsih (INA) & Roosamekto Mamek (INA) - September 2024  
音樂: Bella Ciao - Esteriore Brothers



Intro: 16 count (approximately 00:07 secs)

Sequence : A, A, B, A, A, Tag, A\* (The step are the same but follow the tempo of the music), B, A, A

## PART. A (32 COUNT)

### A1. V STEP, ROCKING CHAIR

1-4            Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (12:00)  
5-8            Rock R forward – Recover on L – Rock R back – Recover on L

### A.2. WALK FORWARD, FORWARD LOCK SHUFFLE – PIVOT 1/2 TURN RIGHT – FORWARD LOCK SHUFFLE

1-2            Step R Forward – Step L Forward  
3&4            Step R Forward – Lock L behind R – Step R Forward  
5-6            Step L Forward – Turn 1/2 right weight on R (6:00)  
7-8            Step L Forward – Lock R behind L – Step L Forward

### A3. WALK FORWARD, CHARLESTON STEP, COASTER STEP, PIVOT 1/4 TURN LEFT

1-4            Step R forward – Step L forward – Touch R forward – Step R back (6:00)  
5&6            Step L back – Step R together – Step L forward  
7-8            Step R forward – Turn 1/4 left weight on L (3:00)

### A4. SAMBA CROSS, JAZZBOX CROSS TURN 1/4 RIGHT

1&2            Cross R over L – Rock L to side – Recover on R (3:00)  
3&4            Cross L over R – Rock R to side – Recover on L  
5-8            Cross R over L – Turn 1/4 right step L back (6:00) – Step R to side – Step L forward slightly cross over R (6:00)

## PART. B (16 COUNT)

### B1. VINE RIGHT & VINE LEFT

1-4            Step R to side – Cross L behind R – Step R to side - Touch L together (12:00)  
5-8            Step L to side – Cross R behind L – Step L to side - Touch R together

### B2. FORWARD, TOUCH, WALK BACK, TOGETHER

1-4            Step R forward – Touch L to side – Step L forward – Touch R to side (12:00)  
5-8            Step R back – Step L back – Step R back – Step L together

## REPEAT

For more info about step sheet & song, please contact:

Swesty : [keyzazivara.04@gmail.com](mailto:keyzazivara.04@gmail.com)

Mamek Roosamekto.Nugroho@gmail.com