Selamat Malam Dunia - Disco

級數: High Beginner

編舞者: Syafri's Fitri (INA) - August 2024

音樂: SELAMAT MALAM DUNIA (feat. Praz Teguh) - Pongki Barata & Yuni Shara

I. GRAPEVINE - TOUCH WITH CLAP BOTH HAND (R/L)

- 123&4 Step RF to R, Cross LF behind RF, step RF to R, Clap both hand upper, Touch LF next to RF with Clap both hand upper
- 567&8 Step LF yo L Cross RF behind LF, step LF to L, Clap both hand upper, Touch RF next to LF with clap both hand upper

II. OUT OUT - IN IN (WITH BOTH HAND UPPER & ROLLING) - STOMP WITH SHAKE SHOULDER UP DOWN RL

- 123&4 Step RF, LF diagonal forward, step RF back to centre with take hand upper, close LF next to RF with take hand rolling
- 5678 Stomp RF,LF,RF,LF with Shake your shoulder up down twice

III. KICKBALL CHANGE TWICE - SWAY RL

- 1&2 Kick RF forward, step RF Inplace, recover onto LF
- 3&4 REPEAT

拍數: 64

5678 Sway RLRL

IV. CHARLESTON RL. - (SIDE - CROSS BEHIND) RL -

- 1 2 Step RF to R, Touch LF cross behind RF
- 3 4 Step LF to L, Touch RF cross behind LF
- 5 6 Step RF to R, Close LF next to RF
- 7 8 Step LF to L, Close RF next to LF

V. TOUCH with HAND POINTING FROM SIDE TO FWD - TOUCH SIDE SWIVELI LRLR

- 1234 Touch RF w/ hand to forward from side to
- 5678 Touch LF , RF SWIVEL R,L,R,L hand up down twice

VI. SINGGLE HIP BUMP WITH HAND UP RL - WALK BACK L,R,L,R TOUCH

- 1 2 Step RF out to R hip bump with hand upper, step LF out to L hip bump with hand upper
- 3 4 Step RF double out hip bump with hand upper
- 5678 Walk back LF, RF, LF, RF touch

VII. CROSS OVER - SIDE - SAILOR STEP (TWICE)

- 1 2 Cross touch RF over LF, touch RF to R
- 3&4 ;Cross RF behind LF, rock L ball to L, recover onto RF
- 5 6 Cross touch LF over RF, touch LF to L
- 7&8 Cross LF behind RF, rock R ball to R, recover onto LF

VIII. BOOGIE WALK FWD - UNWIND & BOUNCHING

- 1234 Boogie Walk fwd RF, LF, RF
- 5678 Turn 1/2 R crossing LF behind RF with bouncing fourtime (06:00)

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牆數:1