While I'm Here

級數: Intermediate

編舞者: Kristin Clove (USA) - September 2024

音樂: Here - Mitchell Tenpenny

| #1st 8 Count Step RF, tap back LF, Sweep back RF, step side L tap back RF, step side RF tap in LF. side LF behind RF ¼ rock onto RF | |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| 1&2 | RF step forward, tap LF behind RF, Step back LF while sweeping RF back |
| 3&4 | Sweep RF behind LF, Step LF Side L, Tap RF behind LF |
| 5&6 | Step RF side right, Tap LF into RF, hard step LF side left |
| 7&8 | Step RF behind LF, Step LF side L, ¼ turn rock forward onto RF |
| *Restart at wall 3 (Scuff RF forward on Count 8. Restart happens at 3:00 Wall) | |
| #2nd 8 Count | |
| Sweep RF ¾ turn to the 6:00 ball cross RF over LF, Flex RF side right flex LF side left, ¼ turn rock forward LF | |
| 1,2& | Sweep RF ½ turn right, step forward on the RF turning ¼ over right shoulder ball cross stepping LF, |
| 3 | cross RF over LF |
| &4 | Step LF side L, bring RF into LF on tippy toes, |
| 5,6 | Cross RF over Left, step LF side L, Flex RF side R, |
| &7 | ball cross LF over RF, |
| 8 | Flex LF side L ¼ turn left |
| #3rd 8 Count | |
| Rock forward LF, ³ / ₄ turn back over left shoulder, rock back LF recover RF, quick vine left ¹ / ₄ turn | |
| &1 | ball step RF rock forward LF |
| 2 | recover back RF |
| 3-4 | Step LF side L ¼ turn over Left shoulder, step RF ½ turn over Left shoulder |
| 5-6 | LF cross rock behind RF, recover RF |
| 7&8 | LF step side left, cross RF behind LF, ¼ turn step LF |
| #4th 8 Count | |
| rock forward RF, coaster back RF, LF ¼ pivot cross LF over RF, step LF behind RF, sweep point RF side R making ¼ turn to 3:00 wall | |
| 1-2 | Rock RF forward recover onto LF, |
| 3&4 | step RF back, Bring LF into RF, step Forward RF |
| 5&6 | step LF forward ¼ pivot turn, replace weight onto RF, cross LF over RF |
| 7-8 | 1/4 turn to right sweep RF to a point towards 3:00 wall while lifting weight onto L Tippy toe |
| Fall onto RF on count 1 | |
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Choreographers Note: I only chose 1 restart because I liked the way the dance changes, essentially turning the 3rd into the 1st 8 count. Its works beautifully,





拍數: 32

牆數:4