

He's So Fine

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Amy Christian (USA) - September 2024
音樂: He's So Fine - The Chiffons



WALK FORWARD R,L,R,L, WALK BACK R,L,R,L,

1-4 Swing hips as you walk forward R,L,R,L,
5-8 Swing hips as you go back R,L,R,L,

WALK FORWARD R,L,R,L, WALK BACK R,L,R,L,

1-4 Swing hips as you walk forward R,L,R,L,
5-8 Swing hips as you go back R,L,R,L,

(*Fun option - Alternate lines could go backwards first, then forwards – See video)

SIDE, TOGETHER, SIDE, TOUCH, ROLLING VINE,

1-4 Step R to right side, Step L next to R, Step R to right side, Touch,
5-8 Do a rolling vine to the left or a regular left vine,

V-STEP, DOUBLE BUMP R, DOUBLE BUMP L,

1-4 Step forward on R, Step L out to left side, Step R back, Step L next to R,
5&6 Step R out as you double bump right,
7&8 Double bump left,

PONY ¼, PONY ¼,

1&2 Step on right, step on ball of left, Step on R making 1/8 turn left (add swim arm movements),
3&4 Step on right, step on ball of left, Step on R making 1/8 turn left (add swim arm movements),
5&6 Step on right, step on ball of left, Step on R making 1/8 turn left (add swim arm movements),
7&8 Step on right, step on ball of left, Step on R making 1/8 turn left (add swim arm movements),[6:00]

CROSS – POINT X 4,

1-4 Step R across L, Touch L out, Step L across R, Touch R out, (Snap),
5-8 Step R across L, Touch L out, Step L across R, Touch R out, (Snap),

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD,

1-4 Rock forward on R, Recover back on L, Step R back in place, Hold,
5-8 Rock back on L, Recover forward on R, Step L forward in place, Hold,

OUT, OUT, R HAND OUT, L HAND OUT, BRING HANDS IN BY CHEST,

1-2 Step R to out to right side, Step L out to left side,
3-4 R hand forward with palm open, L hand forward with palm open,
5 Bring R hands towards your heart with fingers in the shape of a heart,
6-8 Hold X3,

Start over!