Roots



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Aline Morel (FR) - September 2024

音樂: Roots - Calum Scott



Intro: 16 counts

[1-8] VINE R, TOUCH, HEEL, TOGETHER, HEEL, TOGETHER

1-2-3 STEP RF to R side (1) – STEP LF behind RF (2) – STEP RF to R side (3)

4 LF TOUCH next to RF (4)

5-6 LF TAP heel forward (5) – LF together next to RF (6) 7-8 RF TAP heel forward (7) – RF together next to LF (8)

[9-16] VINE L, TOUCH, TOUCH SIDE, TOGETHER, TOUCH SIDE, TOGETHER

1-2-3 STEP LF to L side (1) – STEP RF behind LF (2) – STEP LF to L side (3)

4 RF TOUCH next to LF (4)

5-6 RF TOUCH to right side (5) – RF TOGETHER next to LF (6) 7-8 LF TOUCH to left side (7) – LF TOGETHER next to RF (8)

[17-24] R DIAGONAL FWD, TOUCH, L BACK, TOUCH, R DIAGONAL FWD , TOGETHER, R DIAGONAL FWD. TOUCH

1-2	STEP RF to forward diagonal R (1) – TOUCH LF next to RF (2)
3-4	STEP LF to back diagonal L (3) – TOUCH RF next to LF (4)
5-6	STEP RF to forward diagonal R (5) – LF TOGETHER next to RF (6)
7-8	STEP RF to forward diagonal R (7) – TOUCH LF next to RF (8)

[25-32] L DIAGONAL FWD, TOUCH, R BACK, TOUCH, WALK BACK L-R, ¼ TURN L AS YOU STEP L TO L, TOUCH

1-2	STEP LF to forward diagonal L (1) – TOUCH RF next to LF (2)
3-4	STEP RF to back diagonal R (3) – TOUCH LF next to RF (4)

5-6 LF STEP backward (5) – RF STEP backward (6)

7-8 LF ½ turn L stepping LF to L side (9.00) (7) – TOUCH RF next to LF (8)

Restarts: Start walls 2 & 5 facing 9:00 and 12:00. Restart after count 16 (facing 9:00 and 12:00).

Last Update: 23 Oct 2024